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University of New Haven Master of Science Nutrition Sciences Program

Handbook Introduction
Welcome to the University of New Haven FEM MS Nutrition Sciences program. This program integrates the supervised experiential learning as well as the graduate level didactic learning together, into one program meeting all competencies established by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics. Upon successful completion and conference of degree a Verification Statement from the Director will be given authorizing eligibility to sit for the national registration exam administered by the Commission on Dietetic Registration (CDR), the credentialing agency of the Academy of Nutrition and Dietetics. Successful passage of this exam confers the title Registered Dietitian (RD) or Registered Dietitian Nutritionist (RDN)

Credentialing Process - Registered Dietitian
Following successful passage of the national Registered Dietitian exam (as described above), individuals may seek credentialing in their state of residence. In Connecticut, registered dietitians or registered dietitian nutritionists can be certified as a Dietitian-Nutritionist upon submission of proof from the Commission on Dietetic Registration of the Academy of Nutrition and Dietetics to the Connecticut Department of Public Health (860-509-7603 or https://portal.ct.gov/DPH/Practitioner-Licensing--Investigations/Dietitian/DietitianNutritionist-Certification). An application fee is required, as are yearly renewal fees. In most health facilities, Connecticut certification is required for employment as a dietitian. Graduating students should seek guidance from their state of residence or state of employment to learn state requirements for gaining legal credentialing to practice in their home state. Some states require licensure, others require certification and other states require no specific state statues and the RD or RDN is deemed the appropriate credential for a practicing dietitian or nutritionist. The RD or RDN credential is recognized nationally and usually does not require further testing or state boards for employment as a dietitian or nutritionist.

Overview of the University of New Haven
The University of New Haven is a private, independent, comprehensive university offering quality education with special emphasis on unique and specialized programs to meet current and emerging social needs. The University enrolls over 6,800 students, including nearly 1,900 graduate students and more than 4,900 undergraduates on an 82-acre campus. An additional satellite campus is located in Tuscany, Italy and most recently, select graduate courses are offered on a 40-acre picturesque campus facility located in nearby Orange, Connecticut There are over 100 academic programs offered through the College of Arts and Sciences, Pompea College of Business, Henry C. Lee College of Criminal Justice and Forensic Sciences, Tagliatela College of Engineering, and, the School of Health Sciences The University is accredited by the New England Commission of Higher Education (formerly the Commission on Institutions of Higher Education of the New England Association of Schools and Colleges, Inc.), and has been since 1948. Emphasis upon experiential learning opportunities empowers students to apply substantive knowledge and skills with problem solving as they obtain practical experience for leadership success. Students from 40 states and 52 countries attend the university that is known for its cultural diversity, athletic programs and real-life learning focus. The University strives to offer unique academic
programs specifically focused upon growing areas of need for college graduates. Individual mentoring, small classroom settings, close faculty and student relationships are fundamental to the university. Emphasis upon experiential learning, as is the ultimate goal of the Master of Science in Nutrition Sciences Program, serves the Mission and focus of the university.

The town of West Haven has a population of approximately 54,500 and is bordered on the south by Long Island Sound and to the east by the city of New Haven - a vibrant, intellectual college town with excellent arts, theatre, shopping, and transportation facilities. New York City and Boston are within a two-three hour commute by train. Interstates 95 and 91 are a few miles from campus. New Haven is also known for world- renowned health care and research institutions including the Yale-New Haven Health System which includes Yale-New Haven Hospital, Bridgeport Hospital and Greenwich Hospital, Lawrence + Memorial Hospital, and Rhode Island’s Westerly Hospital. The VA Connecticut Healthcare System is within walking distance of the University of New Haven. Yale University research programs include the Bright Bodies Weight Management Program for Children. The University of New Haven is ideally located in a region of cultural diversity, local and national food policy initiatives, leading health facilities and a convenient, accessible location.

Overview of the Nutrition Sciences Department, Nutrition Programs

The Nutrition Sciences Department is housed in the School of Health Sciences, and for several years has offered an ACEND accredited undergraduate Didactic Program in Dietetics and a graduate Dietetic Internship. Additionally, the department has offered a Master of Science in Human Nutrition. In preparation for industry and credentialing changes, along with the drive to always offer students optimal programs, the department has chosen to reorganize and offer a more comprehensive competency based Master of Science in Nutrition Sciences program which will prepare graduates for national certification and entry level positions as a Registered Dietitian Nutritionist.

Mission Statements

Mission Statement of the University of New Haven

The University of New Haven is a student-centered comprehensive university with an emphasis on excellence in liberal arts and professional education. Our mission is to prepare our students to lead purposeful and fulfilling lives in a global society by providing the highest-quality education through experiential, collaborative and discovery-based learning.

Mission Statement of the School of Health Sciences:

The mission of the School of Health Sciences is to train competent, caring health professionals by delivering innovative, interdisciplinary healthcare education and services that are student-centered, focused on excellence, with a global reach.

Mission Statement of the Master of Science in Nutrition Sciences:
Program Goals:

Goal #1 - Prepare program graduates for entry level practice as Registered Dietitian Nutritionists with special focus on clinical nutrition, community nutrition, food service management while always providing quality and compassionate care.

Objectives:
1.1 At least 80% of program graduates complete program/degree requirements within 3 years.
1.2 Of graduates who seek employment, 80% are employed in nutrition and dietetics or related fields within 12 months of graduation.
1.3 90% of program graduates take the CDR credentialing exam for dietitian nutritionists within 12 months of program completion.
1.4 85% of graduates surveyed will rate overall satisfaction with their preparation for entry level professional employment.

Goal #2 Instill the knowledge and skill for continued scholarly development, professional growth, and industry advancement.

Objectives:
2.1 The program’s one-year pass rate (graduates who pass the registration exam within one year of first attempt) on the CDR credentialing exam for dietitian nutritionists is at least 80%.
2.2 Annual surveys will show 80% of employers Agree or Strongly Agree with the entry level preparation of graduates.
2.3 A five-year post-graduation alumni survey will show that 80% of graduates will remain active in at least one professional or community organization.

MS Nutrition Sciences Curriculum

- Nutrition Through the Lifecycle
- Lifecycle SEL
- Food Science and Lab
- Therapeutic Cooking
- Food Systems Management
- Food System Management SEL
- Nutritional Pharmacology
- Nutritional Biochemistry
- Vitamin and Mineral Metabolism
- Community Nutrition
- Community Nutrition SEL
- Nutrition and Disease
- Nutrition and Health: Contemporary Issues
- Nutrition Care Process and Physical Assessment
Nutrition SEL
Nutrition Counseling (simulation)
Culmination Rotation
Research Methodology and Evidenced Based Practice
Masters Capstone Project

**Tuition Refund Policy**
According to University policy, tuition costs are fully (100%) refundable before the first day of class or the start of Orientation. Eighty (80%) percent of costs are refunded after the first week of classes (first week of Orientation) and 60% of tuition is refundable after the second week of classes (second week of Orientation). Following Orientation, 40% of tuition is refundable after the 3rd week (first week of rotations) and 20% is refundable after the 4th week of the semester or second week of rotations. After the 4th week of the semester, refunds are not provided according to university policy.

**Admissions Requirements**
Applicants to the University of New Haven’s Master of Science in Nutrition Sciences must apply through the University’s graduate admissions process by visiting https://graduate.newhaven.edu/apply/
Minimum admissions requirements for consideration to this program are:

- Hold a bachelor’s degree from a U.S. regionally accredited college or university or foreign equivalency as evaluated by one of the approved agencies
- Completion of graduate admissions application
- Official transcripts from all previous schools attended
- Minimum cumulative undergraduate GPA of 3.0 or better on a 4.0 scale
- Earning a B or better in the following prerequisite courses:
  - Anatomy and Physiology I and II with lab
  - Microbiology with Lab
  - Organic Chemistry lecture
  - Biochemistry
- Letters of recommendation from three individuals
- Resume

Additional criteria for acceptance includes:
- Work and volunteer experience
- Rigor of academic preparation
- Honors, awards, activates, and the like

Applicants may also be required to participate in an interview process.

**Statement of Nondiscrimination**
The University of New Haven is committed to achieving a diverse and pluralistic community, which reflects the multi-racial and culturally diverse society in the United States through strict non-discrimination in admissions, educational programs and employment. The commitment to Affirmative Action is also a commitment to be proactive in the continuing effort to diversify the student body at the University.
**Student Learning Assessment**

Student learning assessment will be based upon the Curriculum Assessment Plan and monitoring of Student Learning Outcomes according to tracking forms competencies. Learning assessment will be continually evaluated throughout the curriculum and will include online learning modules, classroom lectures, oral presentations, written reports such as case studies, research papers, and examinations. Additionally, all Supervised Experiential Learning will include tracking of individual hours completed and competency achievement.

**Program Retention and Remediation Procedures**

The University of New Haven FEM Masters in Nutrition Sciences program is a 5 semester, 19-month program leading to a signed Verification Statement from the program director. If students are unable to complete the program in the allotted time due to unforeseen circumstance the remediation procedures will be begun by the Program Director with the possible inclusion of the Academic Success Center. An individualized remediation plan will be developed to best meet the needs of the student which may include but are not limited to: tutoring, counseling, repeating of rotation, extra time (up to a maximum of 29 months from the date of entry) and the like. A Remediation Contract will be prepared and signed by the student and program director with required steps for remaining in the program. If a student is unable to make satisfactory academic progress as laid out in the remediation contact or is in violation of the university’s graduate student performance standards, the student will be terminated from the university in accordance with these policies.

**Disciplinary/Termination Procedures**

Students requiring Disciplinary Action or Termination Procedures will be granted appointment time with the Program Director to determine if Termination from the program is necessary. This process should begin as soon as a student, preceptors, faculty or director realize difficulty remaining in the program. If termination is based upon unacceptable behavior, the student will be terminated and not allowed to complete the program. Termination may also occur if the student is unable to maintain a cumulative GPA of 3.0 following the completion of 9 academic credits in accordance with the university’s policies.

**Program Completion Requirements/Issuing of Verification Statements**

Students of the Masters of Science in Nutrition Sciences program are expected to complete the program in the allotted 2.5 years (19 months). If a student is unable to complete the program in the allotted time due to an emergency resulting in the need for a leave of absence or extended time beyond the 19 months, continuation will be determined by the Program Director, faculty and preceptor availability. Requirements for program completion and issuing of a Verification Statement are:

- Successful completion of all course work with final cumulative GPA of a 3.0 or better
- Has demonstrated competency in all ACEND accredited competencies
- Has received a 4 or better on all preceptor evaluations
- Is in good standing with the program and University

**Student Membership in the Academy of Nutrition and Dietetics**

Student membership in the Academy of Nutrition and Dietetics is required for dietetic students enrolled in the Program. Membership allows access to Academy resources that are necessary for success in the program. Students choose the affiliate (state) membership based upon where they live, or they select
the Connecticut Academy of Nutrition and Dietetics while enrolled as a student. Each membership year, a different state may be selected, so students can then join their home state association.

The address of the Academy of Nutrition and Dietetics is:
Academy of Nutrition and Dietetics 120 South Riverside Plaza, Suite 2190
Chicago, IL 60606-6995
Telephone: 800-877-1600  www.eatright.org

Record Keeping, Privacy and Access to Personal Files

Student records for the Master of Science in Nutrition Sciences program will be securely maintained in the office of the Program Director and electronically on the university’s secure network. All student records are lock and are confidential. Students may view their personal files at any time by making an appointment with the Program Director. All student records will be maintained for at least seven years, and all electronic files will be maintained indefinitely. Additionally, Verification Statements are maintained indefinitely.

Student Identification

Students are required to obtain a Graduate Student ID card and University email address via the Campus Card office located in the University bookstore. This card should be carried at all times and is needed to print in the computer lab. An official University of New Haven email address is also assigned to each student and will be used for all email communication while in the program.

Parking on Campus

Students are required to obtain a parking pass (no charge) as a graduate/commuter student: note where parking is legal for graduate (commuter) students. Shuttle service is also available.

Professional Conduct

As professionals, students are expected to behave in a professional manner including appropriate, professional communication, both written and orally. Social media is not an appropriate medium for complaining or criticizing any aspect of the FEM MS Program, rotation settings, preceptors or faculty. Appropriate means for registering complaints will be described below. Students are expected to ask preceptors what their preferred method for communication will be and not assume that email or texting is appropriate unless the preceptor indicates that it is. Preceptors should be addressed in a professional manner and it is appropriate to ask how they wish to be addressed. As a representative of the program, School of Health Sciences, and the University of New Haven, your professional conduct will reflect upon our university and students who follow you, so it is important to maintain professional conduct, demeanor and professional dress at all times.

Health Clearance, Background Check and Illegal Drug Screening

Health clearance, background check and illegal drug screening is required upon entrance into the Program. A health clearance form including required immunizations and blood test proving immunity, along with illegal drug screening will be included with the summer packet and must be
completed by mid-August prior to entry into the program. Background checks are hand delivered to the Program Director on the first day of Orientation.

**Dress Code**
Students are expected to dress according to the dress code of the rotation setting. A university name tag should be worn unless the facility provides an identification tag. Food production areas may require purchase of a uniform or lab coat. Hair must be covered, clean nails without polish and closed toe shoes are usually required in food production areas and many health facilities. Excessive jewelry, piercings and visible tattoos are not acceptable in health or food production areas. Hair should be clean and secured during all rotations. Smoking is not allowed and gum chewing is highly unprofessional. Seminar classes are considered professional courses so students should dress appropriately. Field trips, professional meetings, guest speaker presentations are also important professional dress occasions.

*Improper dress or personal hygiene may result in termination from the facility rotation and possibly the Program.*

**Student Support Services**
Students have access to the same Graduate Student Services that are available to all graduate students including use of the Beckerman Recreation Center, Campus Bookstore, Campus Card (ID card), University Library, Center for Learning Resources, Counseling Center, Dining Services, Health Services, Intercultural Services and International Services. Dietetic students may also gain advice from the University Financial Aid Office to learn how to apply for financial aid as a full-time student. Eligibility for financial aid is determined by full time status as a graduate student.

**Leave of Absence**
Leave of absence may be granted for just cause at the discretion of the program director and faculty. Need for a leave will be based upon documented need for the leave and student progress during the program at the time leave is requested. As described in this Program Handbook section entitled, “Program Completion Requirements,” students requesting a leave of absence are expected to return with the next accepted class of dietetic students. Students are not automatically granted a leave of absence and may be asked to withdraw from the program. Readmission will also be under the discretion of the program director and faculty.

**Faculty, Staff, Contact Information**

**Facilities, Faculty and Staff**
The MS in Nutrition Sciences is within the Nutrition Sciences Department of the School of Health Sciences. The Program Director’s office is located on the second floor of Echlin Hall on the north side of the main West Haven campus.

**Donald Stankus, Jr., MS, RD** is the Program Director of the Nutrition Sciences Department. He is also revising the current undergraduate and graduate curricula to be demonstration models of the Future Education Model whereby students accepted into that program can complete undergraduate and graduate coursework, including supervised practice within 5 years. Professor Stankus teaches all food laboratories sections for Food Science and Healthy Food Preparation. He also developed the Institutional Food Service and Culinary Nutrition courses. Professor Stankus has extensive culinary experience. Professor Stankus can be reached via phone at 203.479.4108 or email at DStankus@newhaven.edu.
Georgia Chavent, MS, RD in the Supervised Experiential Learning rotation coordinator and her office is located in Echlin Hall, Room 217. Professor Chavent’s expertise is in the areas of dietetics management (manager over 15 years), career planning, healthy food preparation, food sustainability and sports nutrition. Her telephone number is 203.932.7410. You may also email: GChavent@newhaven.edu. Office hours are posted.

Dominique Doris, MS, RD is an adjunct faculty member who teaches the Service Learning designated Community Nutrition course which includes preparing and serving healthy food and nutrition education in local soup kitchens.

Elizabeth (Beth) Oleschuk is the acting administrative assistant located in Room 119b, Echlin Hall, (203.931.6029) and is available to relay messages, make appointments with faculty or to contact the Program Director. Her email is eoleschuk@newhaven.edu.

Policies and Procedures

Securing Supervised Experiential Learning Off Campus Rotations & Facility Contract Agreements
1. Rotation settings and potential preceptors are usually identified through networks of faculty professional colleagues, alumni, students and others affiliated with the university who express enthusiastic interest in offering a rotation setting. Once preceptors are identified, a master excel spreadsheet and electronic distribution list is created. The program director meets with each preceptor in person or by phone to review the feasibility of rotation assignments and willingness of the rotation setting to accept student. Each potential preceptor receives a copy Preceptor Notebook containing: 1. Letter of Introduction 2. Future Education Model Program Mission, Goals and Objectives 3. Draft Rotation Schedule 4. Competency Chart 5. Preceptor Information Form 6. Overview of the Rotation 7. Syllabus Outline of Assignments 8. Syllabus Planner of Assignments 9. Activity and Assignment Evaluation Guidelines and a copy of the rotation evaluation form.

Suitability of rotation settings are reviewed annually by the program director following student evaluation of the rotation site. Student evaluation forms completed by preceptors, along with student self- evaluation forms will be carefully reviewed to determine suitability of rotation settings for entry level practice. Preceptor and Student Evaluations of rotation settings are tabulated electronically and discussed with dietetics faculty and the Advisory Committee. Continuous evaluation of rotation settings and continual recruitment of rotation sites and preceptors will be ongoing.

All preceptors must present proof of credentials and, in most cases, will have at least one to two years of experience beyond supervised practice, unless the preceptor completed supervised practice after years of industry experience. Suitability of preceptors is determined by the willingness of the preceptor and the preceptor’s supervisor to offer a student the rotation experience. Preceptors must be a registered dietitian, food service manager or food service supervisor with advanced (college level) training. Exceptions to these guidelines would be fitness centers, community supported agriculture or farm locations, community settings such as group homes, shelters, soup kitchens, Salvation Army housing, YMCA, etc. Many rotations settings will require an Affiliation Agreement between the setting and the program director. Settings are usually arranged in the local area. Rotations outside the local area (such as in the student’s home state) will require an RD preceptor with whom the program director can communicate by phone. As described above, each preceptor will receive a copy of the preceptor manual.
2. All Affiliation Agreements and Liability Insurance are managed by the Program Director in cooperation with the legal departments of each facility and the University Provost and Vice President of Academic Affairs. Certificates of Insurance documenting student coverage for liability by the University of New Haven ($1,000,000-$3,000,000) will be provided when required by the rotation setting by the insurance carrier through the University’s VP of Finance’s Office. In addition, students will be required to purchase Liability Insurance through required student membership in the Academy of Nutrition and Dietetics. This additional liability insurance will provide coverage for students rotating through sites where a Certificate of Insurance is not required. Affiliation agreements requiring university sponsored liability insurance will be updated yearly to coincide with the university fiscal year and insurance carrier. If student liability coverage is not required or is covered by the rotation site (as in the case of the VA Healthcare Center), a three-year (or unlimited) affiliation agreement will be sought.

Affiliation Agreements must be in place before students can begin their rotations.

3. Communication with preceptors will occur annually during the final studentship month to gain feedback about student performance, rotation assignments, and other suggestions for improving student preparation for success during supervised practice. Preceptor training, if needed, will also occur at regular intervals (at least yearly) via in person meetings, webinars or through the Academy Preceptor training program. Preceptors will complete an end-rotation student evaluation form that is reviewed by the program director. Preceptors will be instructed to immediately communicate directly with the program director if student performance is below standard so that improvement can be sought as early as possible.

4. This program is a graduate supervised experiential learning program that confers graduate level education credits. Therefore, students are not considered staff members or replacement of staff at any rotation sites or receive compensation for any activities or duties they complete while in the role of student.

HIPAA Compliance

HIPAA (Health Insurance Portability and Accountability Act of 1996) is a set of rules to be followed by health providers and facilities. HIPAA took effect in 2006 and ensures that all medical records, filling information and patient accounts meet standards for documentation and privacy. HIPAA requires that all patients can access their medical records, correct errors and be informed of how information is used. HIPAA laws are meant to protect patient or client privacy and as a dietetic student and health professional, these laws apply to you, the dietetic student! Students are bound, by law, to maintain patient and client confidentiality. Even if a neighbor enters the facility, this is not to be reported to anyone. Employees have been terminated for innocent “searching” on the medical record system for information they had no need to access. Patient charts cannot be copied and all recordings in medical records must describe objective facts and information. Student do not discuss medical information with patients other than information about nutrition or dietetics treatment specific to treatment. Most HIPAA training will be required for completion at rotation sites but additional training will occur during Orientation. Other points include:

- Never discuss patient information in public places such as hallways or elevators
- Speak directly to patients related to their nutritional needs. Family members may be included in the conversation but questions should be directed to the patient.
- Patient interaction should only occur in the designated facility, never via email or phone call unless deemed necessary by the preceptor
**Health Insurance and Professional Liability Insurance**
As described above, students must provide evidence of student health insurance and professional liability insurance will be provided by the University of New Haven, Office of the Vice President of Finance (Affiliation Agreement Documents) according to rotation settings that require such insurance coverage. Liability insurance offered by membership in the Academy of Nutrition and Dietetics will also be required for student.

**Travel Liability to Supervised Practice Sites**
Students will be required to provide their own means of transportation to supervised practice sites which will usually be via their own personal motor vehicle which is covered by their personal auto insurance policy.

**Injury/Illness While on Supervised Practice Sites**
Students who are injured on rotation sites should notify their preceptor immediately and report the injury. An Accident Report, according to facility procedures, should also be completed. Illness should also be immediately reported and although regular attendance is important, as is maintaining health. If a student becomes ill, this should be reported immediately with permission to leave the premises. All injuries and illnesses should also be reported to the Program Director. Rotation hours need to be made up during Seminar Week when classes are not scheduled.

**Illegal Drug Testing/Criminal Background Checks**
Student are required to complete illegal drug screening (with guidance from University Health Services) and criminal background checks prior to beginning their supervised experiential learning. All health screening will be processed and cleared by University Health Services and Background Clearance will be maintained in secure files located in the Program Director’s Office.

**Student/Preceptor Complaints**
Student complaints against preceptors, rotation sites, staff members, faculty or the Program Director should be initially discussed with the individual directly associated with the complaint. Preceptors should also discuss concerns with the individual associated with the complaint. All complaints (student or preceptor) should then be reported to the Program Director and a file, with facts reported, will be maintained by the Program Director. A course of action will be discussed for resolution of the problem or if unacceptable, the student may present their complaint to the Chair of the Nutrition Science Department. If unresolved, the student may consult with the Dean of the School of Health Sciences, and then the Office of the Provost. If the student wishes to initiate a formal grievance against a faculty member, the university grievance procedure is described in the University of New Haven Student Handbook. Written student complaints will be maintained in the Nutrition Offices files for yearly review and maintained for seven years, including resolution of complaints. Dietetic student or preceptor complaints related to program non-compliance with ACEND Accreditation Standards are the only complaints filed with ACEND as described on the following page.

**Alternate Recourse for Complaints Other than through Program Director**
Students may also register complaints directly to the Chair of the Nutrition Sciences Department and the above process will be followed. A file will be maintained by the Chair of the Nutrition Sciences Department, a course of action will be discussed and if resolution is unacceptable, the student may consult the Dean of the School of Health Sciences and the Office of the Provost. Records of student complaints filed with the Chair of the Nutrition Sciences Department are also maintained for seven years, including resolution of complaints.
Complaints to Accreditation Council for Education in Nutrition and Dietetics

The Accreditation Council for Education in Nutrition and Dietetics, ACEND, has established a process for reviewing complaints against accredited programs in order to fulfill its public responsibility for assuring the quality and integrity of the educational programs that it accredits. Any individual, for example, student, faculty, dietetics practitioner and/or member of the public may submit a complaint against any accredited program to ACEND. However, the ACEND board does not intervene on behalf of individuals or act as a court of appeal for individuals in matters of admissions, appointment, promotion or dismissal of faculty or students. It acts only upon a signed allegation that the program may not be in compliance with the Accreditation Standards or policies. The complaint must be signed by the complainant. Anonymous complaints are not considered. Written complaints should be mailed to the Accreditation Council for Education in Nutrition and Dietetics (ACEND) as the accrediting agency for this Studentship Program.

Accreditation Council for Education in Nutrition and Dietetics (ACEND)
120 South Riverside Plaza, Suite 2190, Chicago, IL 60606-6995
web address: http://www.eatrightPRO.org/ACEND
email: ACEND@eatright.org
phone:(312) 899-0040 ext. 5400