

University of New Haven

CHARGERS CARE PLEDGE

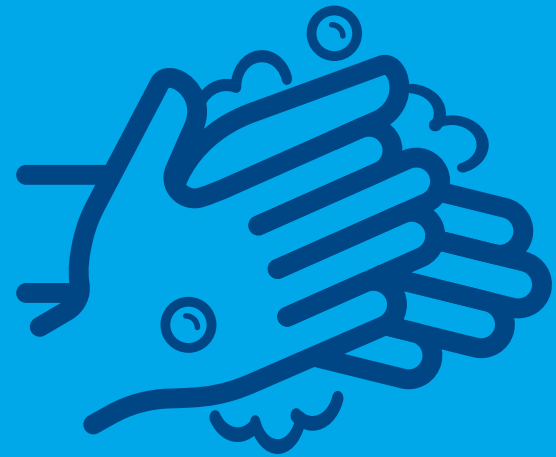
TO HELP STOP THE SPREAD OF COVID-19

We pledge to **care for ourselves.**

We pledge to **care for others.**

We pledge to **care for our Charger community.**





CARE *for* MYSELF

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- **Monitor for the symptoms** of COVID-19 (fever, dry cough, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or loss of taste or smell). **If I experience any symptoms I will report to a medical professional immediately.**
- **Wash my hands often** with soap and water and/or use hand sanitizer.
- Engage in **COVID-19 screening, testing,** and vaccination for my health and wellness.
- Practice **holistic wellness** to support my social, physical, nutritional, financial, mental, spiritual, and intellectual needs.





CARE *for* EACH OTHER

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- Maintain appropriate **physical distancing** in both on and off-campus settings to protect our community and beyond.
- **Stay in my residence if I feel ill or after exposure** to someone who tested positive for COVID-19.
- Wear an appropriate **face covering** and other protective gear as directed by the University.
- Recognize when other members of the community may be struggling and **support** them to find appropriate resources.





CARE

for the

CHARGER COMMUNITY

University of New Haven

- Identify, support, and educate others on the **Chargers Care Pledge** to ensure the health of our campus community.
- Update my **CoVerified app** daily.
- **Engage in testing and contact tracing** to preserve the wellness of the community.
- Carefully **observe instructional signs** and **follow directions** as provided by the University.

