



University of
New Haven

Welcome to **SOAR**

STUDENT ORIENTATION
ADVISING & REGISTRATION



University of
New Haven

SOAR

STUDENT ENGAGEMENT & SUPPORT



The Student Experience

Our approach
exceptional, distinctive and
transformational experience!

What students can expect?

- Holistic Care
- Co-curricular Opportunities
- Career Readiness Opportunities
- Recognition & Celebration



Establishing Holistic Care for Students



Dean of Students Office (DOS)

What is the role of the Dean of Students Office and how does the Dean of Students Office support students during their first year of transition on campus?

Additional Resources Available

- Career Closet/Campus Pantry
- Spiritual & Meditation Center



Counseling and Psychological Services (CAPS)

Helping Students Thrive



CAPS



Counseling & Psychological Services
University of New Haven

Supportive Resources

- Individualized Counseling
- 24/7 Crisis Support
- Support Groups
- Self-Care Activities
- Off-Campus Resources
 - Thriving Campus



University of New Haven
ChargerREC



Programs

- Club Sports
- Intramurals
- GroupX Classes
- Adventure Recreation
- Special Events and Programs
- TeamREC (Student Employment)

On-Campus Dining Experience

Your nutrition is our top priority

Meal Plan - Charger Pride

- 21 meal swipes per week at resident dining locations
- 2 meal swipes may be used at the Food Trucks + \$50 Dine+ Dollars
- 6 Guest passes for visitors/friends
- \$200 Dining Dollars for retail shops

Large array of dining options

- 2 Resident Dining locations
- Allergen-friendly fare
- Vegan & Plant-based options
- 9 Retail Dining locations
- Order-ahead & grab-n-go options
- Feedback opportunities

Events, Giveaways, Promotions & More!

Here to support students' food & nutrition needs



Juan Dominguez
General Manager of Dining
Diningservices@newhaven.edu
203-479-4893

University of New Haven / SOAR



Samantha Zajac, MS, RDN, CDN
Registered Dietitian
Szajac@newhaven.edu
203-479-4827

Available for Nutrition Counseling!



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*Variety of plans for non-resident students
& upper-class students*

Accessibility Resources Center- (ARC)

ARC provides an equal opportunity for students who experience any form of disabilities to engage in their education.

What is the process for requesting accommodation through ARC?

What is the DREAM Transition Program?



Health Services & Health Insurance

All full-time undergraduate students are required to have health insurance.

- If you have insurance through a family member who is out of state, make sure healthcare in the state of Connecticut is covered.
- Visit www.studentcenter.uhcsr.com/newhaven and click on Waive Coverage.
- **Waiver Deadline: July 31, 2023**

Plan Basics:

- Offered and administered by United Healthcare.
- Policy coverage: 8/1/2023 – 7/31/2024
- Cost is \$1,800.00 for the year.



TIP

Student **MUST** submit all records before August 23rd.
Residential Students- cannot move-in if records are not submitted

Primary Care Providers:

Primary care office through a partnership with Yale New Haven Health Northeast Medical Group.

Appointments:

Students must make an appointment with a healthcare provider. Same day appointments are available.

Immunization Requirements:

REQUIRED by Connecticut Law:

- 2 doses of MMR (measles, mumps, rubella) vaccine or documentation of immunity
 - The 1st dose is invalid if received before 12 months of age
- 2 doses of varicella (chickenpox) or documentation of immunity
- 1 dose of meningitis (MCV4) within 5 years of starting classes
 - Required only for residential students and student athletes

All students with outstanding health documents should send them via email to UNHhealthformuploadonly@ynhh.org.



Office of Residential Life (ORL)

**Community Has All Residents Growing,
Engaging, & Discovering**

Getting settled into a new college environment can be difficult and intimidating.

What can students expect when living on campus?



Center for Student Engagement, Leadership & Orientation- (CSELO)

One of the best ways to meet friends, and have a smooth transition is to get engaged on campus.

What are some opportunities offered to first year students to assist with their transition & engagement?

- Commuter/Off Campus Students
- Residential Students

What is the Flex Program?



The FLEx Program



Myatt Center for Diversity & Inclusion (CDI)

Establishing Your Connections

What is the role of the Myatt Center for students and what are some of the events that students can look forward to at the Center?

Diversity Peer Educators

BUILD Community Program



The CDC is **YOUR** place for anything internships and career related!

We bring career information and preparation to you.



Start Your Career Adventure

**Career Development Center
(CDC)**



Before You Leave Today Things You Should know!

Student Support Programs

- FLEx Program: **August 20 - 22**
- DREAM Program: **August 21 - 22**
- BUILD Program: **August 21 - 23**

Student Engagement & Move -In

- **Roommate Assignment-** 2nd week in July
- When is move in for Residents?
 - *Wednesday, August 23*
- When do Commuters return to campus?
 - *Thursday, August 24*
- Charge In: **August 24 - 27**

The Welcome Experience (August 28 - Sept 9)

- Involvement Fair for RSOs
- Facebook Live Events for Families
- Residence Life & Myatt Center Events
- "Chargers After Dark" - Late Night Event
- Recognized Student Organization Events

IMPORTANT DATES

- Family Day: **Saturday, October 7**
- Homecoming: **Saturday, October 14**

Presenters Information

Dean of Students Office

Ashley Dunn, Assistant Dean of Student Support

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Brian Ibarra, Associate Director for Case Management & Student Support

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Diane Polo, Associate Director for Health & Wellness Prevention

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Center for Student Engagement, Leadership & Orientation

Ally Kocivar, Associate Director for Programming

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Alandre Alexis, Assistant Director for RSOs & Operations

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Tim Prince, Coordinator for Leadership, Diversity & Inclusion

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Office of Residential Life

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Accessibility Resources Center

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Olivia St. John, Accessibility Specialist

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Myatt Center for Diversity & Inclusion

Michelle Hernandez, Assistant Director

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Ian Shick, Assistant Director for LGBTQ+ Resources

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Career Development Center

Natalie Criniti, Career Advisor

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Counseling & Psychological Services (CAPS)

Tavia Bascuine, Licensed Clinician

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Dining Services

Samantha Zajac, Registered Dietitian

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