Welcome to SOAR
STUDENT ORIENTATION ADVISING & REGISTRATION
Establishing Holistic Care
Health Services

Location: Sheffield Hall

Hours: during Fall and Spring semesters Health Services is open Monday through Friday and select Saturdays:

Monday: Fri 8:30am-4:30pm
Tuesday & Wednesday: Thurs 8:30am-6:00pm
Saturday: 10:00am-2:00pm

Telephone: 203-932-7079
What is Health Services?

- **Health Services & Primary Care Providers**
  - Primary care office with primary care providers specifically for University of New Haven students.

- **Health Services Partnership**
  - Part of Yale New Haven Health Northeast Medical Group.

- **Health Services location**
  - Sheffield Hall

- **Appointments**
  - Students must make an appointment with a healthcare provider.
  - Same day appointments are available

- **Programming**
  - Health Services participates in campus events and wellness activities.
How Can Health Services Help Students?

*Health Services can*…

- Evaluate students when they are sick or have a new health concern
- Perform testing for certain health conditions in the office
- Help students manage existing health problems
- Help students to be up to date on routine and preventative healthcare.
- Prescribe medications, order tests like blood work and x-rays, and make referrals to specialists
- Follow-up student care if hospitalized
- Collaborate with UNew Haven Counseling and Psychological Services about student’s mental health.
- Educate you about your health and well-being.

**Students who not sure if Health Services can help, should 203-932-7079**

**Students care at Health Services is confidential!**
Student Health Insurance

• Health insurance coverage
  • Does not make healthcare “free” or cover all costs.
  • Health insurance pays for some of the cost of healthcare.

• If you have insurance through a family member who is out of state, make sure healthcare in the state of Connecticut is covered.

• Out of state coverage
  • Students should check their out of network/out of state deductible.
  • Students may decide it is cost effective to opt-in to the University Health insurance plan

• If you have questions about your coverage
  • Sign up for an online account with your insurance provider
  • Call the telephone number on your insurance card.
What to Bring to Your Appointment

• Government issued photo identification State issued ID/driver’s license, US passport, or a passport from your home country. **University ID will not be accepted.**
• Health insurance card
• List of any past health problems or surgeries
• List of all medications (including the dose and how often you take it)
• Any significant medical records if pertinent to your visit
  • If you have a **MyChart account** through your home provider, Health Services can access health records through an electronic medical record system.
• List of any significant family history (such as heart attack, stroke, high blood pressure, diabetes, cancer, etc.)
• Please be punctual or we may need to reschedule your appointment
Health Requirements for New Students

Students should submit the following information

- Consent form to receive treatment at Health Services
- HIPAA form
- Demographic information, emergency contact, and health history
- Physical exam within 12 months of starting classes (or within 6 months if student athlete)
- Immunizations
- TB screening questionnaire and test results if indicated

- All the above listed required health forms are available on your University of New Haven MyCharger account.

- This information helps Health Services take better care of you and ensure a healthy community.
Immunization Requirements

**REQUIRED** by Connecticut Law:
- 2 doses of MMR (measles, mumps, rubella) vaccine or documentation of immunity
  - The 1st dose is invalid if received before 12 months of age
- 2 doses of varicella (chickenpox) or documentation of immunity
- 1 dose of meningitis (MCV4) within 5 years of starting classes
  - Required only for residential students and student athletes

**RECOMMENDED**:
- COVID-19 series including booster doses
- Meningitis (MCV4) and Meningitis B vaccines
- Tdap (tetanus, diphtheria, and pertussis) vaccine
- Hepatitis A and Hepatitis B vaccine series
- HPV vaccine series
Counseling and Psychological Services (CAPS)

Helping Students Thrive

Supportive Resources

• Individualized Counseling
• 24/7 Crisis Support
• Support Groups
• Self-Care Activities
• Off–Campus Resources
  – Thriving Campus
Providing Student Support

- **Reporting an Illness**: Student Resources-MyCharger- Health Services- Report an Illness

- **Health and Wellness Programs**: Encourages students to encompass health and wellness through various programs

- **Support Resources**: Help students find support through on and off campus resources
HEALTH & WELLNESS INFORMATION

• All Health Records must be completed before Charge-In
  – August 23rd

• Waive Health Insurance
  – July 31st

• Accommodation
  – Complete accommodation request online through ARC

• Attend Wellness Events on Campus

• University Police – 203-932-7014

• Download the Live Safe App

• CAPS- 203-932-7333

• Charger Rec- 203-931-2965
PRESENTER INFORMATION

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Alicia Dias, APRN
Katharine Straw, APRN

Diane Polo, MPH- Associate Director, Health, Wellness, Education and Prevention

Paige Bartels, LCSW, Director, Counseling & Psychological Services