



University of  
New Haven

Yale  
NewHaven  
**Health**

# Welcome to **SOAR**

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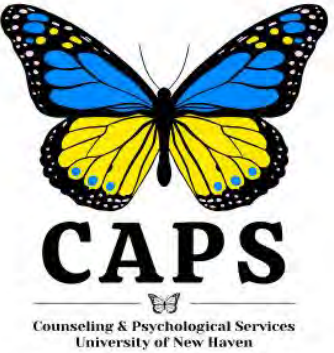
STUDENT ORIENTATION  
ADVISING & REGISTRATION

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# Establishing Holistic Care



Spiritual Life & Campus Ministry



# Health Services

**Location:** Sheffield Hall

**Hours:** during Fall and Spring semesters Health Services is open Monday through Friday and select Saturdays:

Monday: Fri 8:30am-4:30pm

Tuesday & Wednesday: Thurs 8:30am-6:00pm

Saturday: 10:00am-2:00pm

**Telephone:** 203-932-7079



# What is Health Services?

- **Health Services & Primary Care Providers**
  - Primary care office with primary care providers specifically for University of New Haven students.
- **Health Services Partnership**
  - Part of Yale New Haven Health Northeast Medical Group.
- **Health Services location**
  - Sheffield Hall
- **Appointments**
  - Students must make an appointment with a healthcare provider.
  - Same day appointments are available
- **Programming**
  - Health Services participates in campus events and wellness activities.

# How Can Health Services Help Students?

## *Health Services can...*

- Evaluate students when they are sick or have a new health concern
- Perform testing for certain health conditions in the office
- Help students manage existing health problems
- Help students to be up to date on routine and preventative healthcare.
- Prescribe medications, order tests like blood work and x-rays, and make referrals to specialists
- Follow-up student care if hospitalized
- Collaborate with UNew Haven Counseling and Psychological Services about student's mental health.
- Educate you about your health and well-being.

**Students who not sure if Health Services can help, should 203-932-7079**

**Students care at Health Services is confidential!**

# Student Health Insurance

- **Health insurance coverage**
  - Does not make healthcare “free” or cover all costs.
  - Health insurance pays for some of the cost of healthcare.
- *If you have insurance through a family member who is out of state, make sure healthcare in the state of Connecticut is covered.*
- **Out of state coverage**
  - Students should check their out of network/out of state deductible.
  - Students may decide it is cost effective to opt-in to the University Health insurance plan
- **If you have questions about your coverage**
  - Sign up for an online account with your insurance provider
  - Call the telephone number on your insurance card.

# What to Bring to Your Appointment

- **Government issued photo identification** State issued ID/driver's license, US passport, or a passport from your home country. *University ID will not be accepted.*
- Health insurance card
- List of any past health problems or surgeries
- List of all medications (including the dose and how often you take it)
- Any significant medical records if pertinent to your visit
  - If you have a **MyChart account** through your home provider, Health Services can access health records through an electronic medical record system.
- List of any significant family history (such as heart attack, stroke, high blood pressure, diabetes, cancer, etc.)
- Please be punctual or we may need to reschedule your appointment

# Health Requirements for New Students

## Students should submit the following information

- Consent form to receive treatment at Health Services
  - HIPAA form
  - Demographic information, emergency contact, and health history
  - Physical exam within 12 months of starting classes (or within 6 months if student athlete)
  - Immunizations
  - TB screening questionnaire and test results if indicated
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- **All the above listed required health forms are available on your University of New Haven MyCharger account.**
  - This information helps Health Services take better care of you and ensure a healthy community.



# Immunization Requirements

## REQUIRED by Connecticut Law:

- 2 doses of MMR (measles, mumps, rubella) vaccine or documentation of immunity
  - The 1<sup>st</sup> dose is invalid if received before 12 months of age
- 2 doses of varicella (chickenpox) or documentation of immunity
- 1 dose of meningitis (MCV4) within 5 years of starting classes
  - **Required only for residential students and student athletes**

## RECOMMENDED:

- COVID-19 series including booster doses
- Meningitis (MCV4) and Meningitis B vaccines
- Tdap (tetanus, diphtheria, and pertussis) vaccine
- Hepatitis A and Hepatitis B vaccine series
- HPV vaccine series

# Counseling and Psychological Services (CAPS)

*Helping Students Thrive*



## CAPS



Counseling & Psychological Services  
University of New Haven

## Supportive Resources

- Individualized Counseling
- 24/7 Crisis Support
- Support Groups
- Self-Care Activities
- Off-Campus Resources
  - Thriving Campus

# Providing Student Support



Reporting an  
Illness



Health and  
Wellness  
Programs



Support  
Resources

- **Reporting an Illness-** Student Resources-MyCharger- Health Services- Report an Illness
- **Health and Wellness Programs-** Encourages students to encompass health and wellness through various programs
- **Support Resources-** Help students find support through on and off campus resources

# HEALTH & WELLNESS INFORMATION

- **All Health Records** must be completed before Charge-In
  - August 23<sup>rd</sup>
- **Waive Health Insurance**
  - July 31st
- **Accommodation**
  - Complete accommodation request online through ARC
- Attend Wellness Events on Campus
- University Police – 203-932-7014
- Download the Live Safe App
- CAPS- 203-932-7333
- Charger Rec- 203-931-2965

# PRESENTER INFORMATION



University of  
New Haven

Yale  
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**Health**



University of  
New Haven

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