



| University of New Haven

JUMPSTART YOUR CHARGER EXPERIENCE

Presented by the Division of Student Affairs

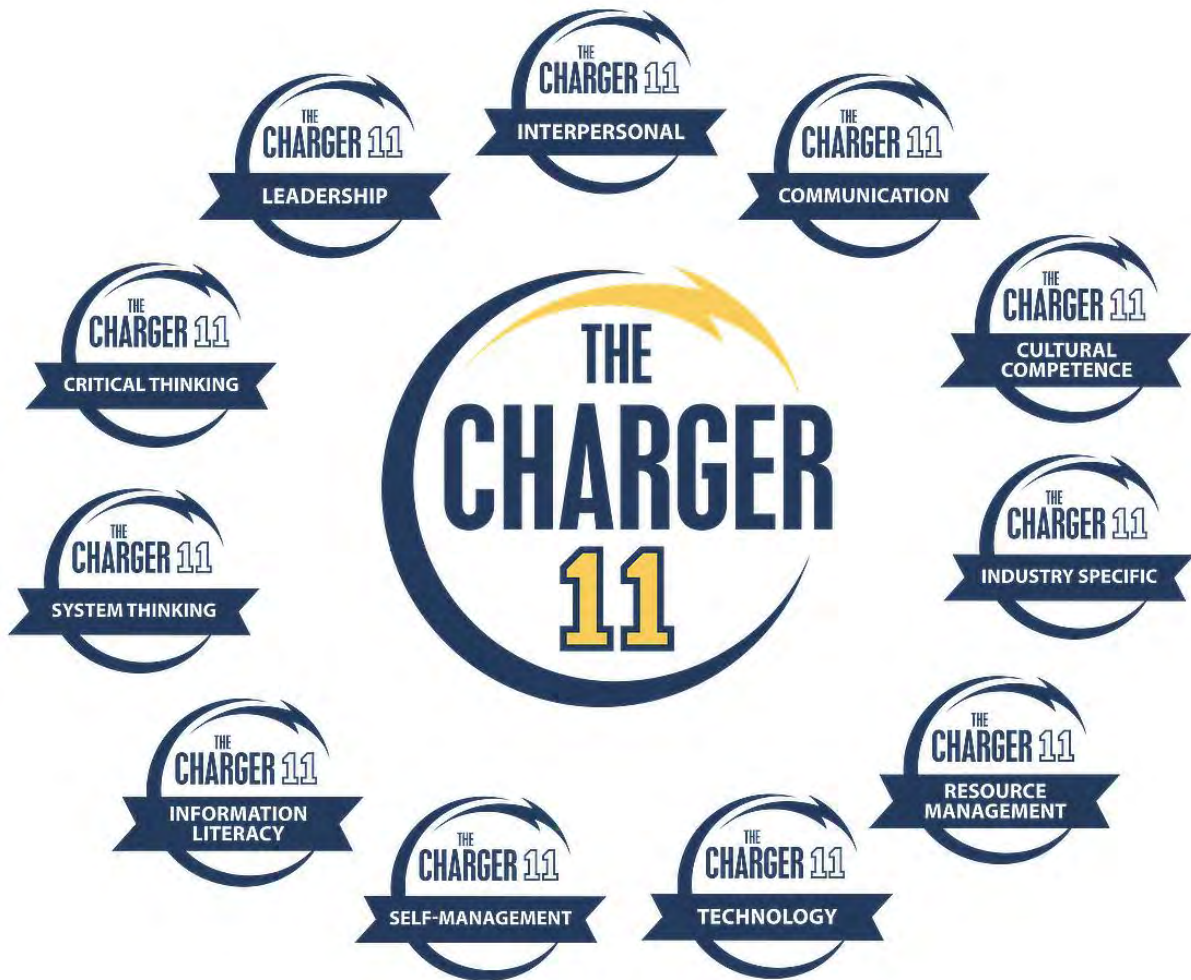


DELIVERING EXCEPTIONAL, DISTINCTIVE, AND TRANSFORMATIVE STUDENT EXPERIENCES!

University of
New Haven



THE CHARGER ELEVEN



A PATH TO LIFE & CAREER READINESS

- You will see these competencies woven into your courses, co-curricular activities, internships, and service opportunities.
- Provides an opportunity to intentionally build skills that will set you apart after Commencement as you learn to articulate how you illustrate these key abilities.
- You'll experience a shared language & a common goal across the University.

STUDENT PARTICIPATION

Why is it important to engage outside of the classroom?



Exciting opportunities can provide purpose and build confidence



Diverse programs to explore



Build connections & strengthen relationships



Programs are designed to be educational, challenging & enlightening



FUN!

TYPES OF STUDENT ENGAGEMENT

- **100+ Recognized Student Organizations**
 - Student Government
 - Honor Societies
 - Hobbies & Interest Groups
 - Career Focused, and more!
- **Fraternity and Sorority Life**
- **Civic Engagement**
 - Service Learning Opportunities
- **Residential Life Programming**
- **Commuter Programming**



Charger Connection



CAMPUS RECREATION

Stay active, relieve stress, and make friends!

- We serve commuters and residential students: *Waiver and ID is required!***
- Free weekly **fitness classes**: *Yoga, Spinning, Zumba*
- **Open recreation**: *badminton, basketball, etc.*
- Functional training, fitness equipment and indoor track
- **Intramural Sports**: *compete against fellow students*
- **Club Sports**: *Compete against other colleges & university club teams while developing leadership skills*
- **Student Jobs**



Benefits of Movement, Exercise & Play

- Better sleep
- Reduce stress
- Make friends
- Increase energy
- **Having FUN!**



Follow us @chargerREC



STUDENT HOLISTIC DEVELOPMENT

The University provides a robust support system that connects and empowers all students as they navigate their academic and personal journeys.

We aspire to create welcoming and inclusive environments by helping students navigate their collegiate experience, develop resilience, and make meaning of their unique experiences.

ESTABLISHING HOLISTIC CARE



University of
New Haven

Hartford
HealthCare

Athletic Training – Sports Medicine & Rehabilitation
Counseling & Psychological Services
Health Services Center

START YOUR CAREER ADVENTURE

*We bring career information
and preparation to you.*



The Career Development Center is THE place for anything internship and career related!



WOULD YOU WORK THIS JOB?

Instructions:

- *Stand up or Raise Your Hand.*
- *Listen to the job description as it is read to you.*
- *Remain standing (or hand raised) if you see yourself working this job.*
- *When you no longer want to work this job, take a seat (or lower your hand).*



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TRAXXSKILLS

An exciting opportunity with one of our University Partners!

Deep dive into Charger II skills that are in demand

Connect with other first year students

Hands-on events that are fun, engaging, and put into practice what you are learning

Earn rewards!

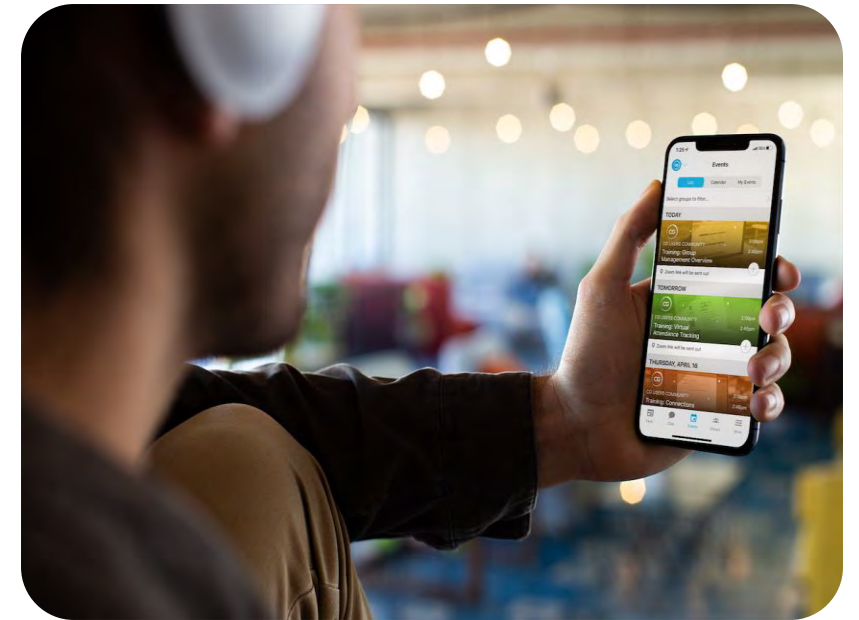
Weekly lessons via an engaging app designed to engage, teach, and build your long-term skills for success



www.newhaven.edu/CDC
www.newhaven.joinhandshake.com



@unewhavencdc



CAMPUS DINING EXPERIENCE

Charger Pride Meal Plan *required for all first-year residential students*

- 21 meal swipes per week at dining halls (Marketplace and FoD)
- Food Truck swipes & 6 Guest Meal Passes
- \$200 Dining Dollars, \$50 FLEX Dollars

Large Array of Dining Options

- 2 dining halls
 - The Marketplace – all you care to eat
 - Food On Demand – made to order
- 11 Retail Dining Locations
- Mobile order-ahead for pickup with GrubHub



Additional Offerings

- Allergy aware & plant-based offerings
- Reusable To-Go container program, Birthday cupcakes
- Non-resident meal plan options
- Feedback opportunities – Dining committee, surveys + more!



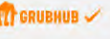
FOLLOW DINING

   **@UNEWHAVENDINING**

 **WWW.NEWHAVEN.EDU/DINING**

PAY WITH YOUR MEAL PLAN

University of New Haven Dining Services

LOCATION	MEAL SWIPES	DINING DOLLARS	FOOD TRUCK SWIPES	FLEX DOLLARS
THE MARKETPLACE	✓	✓		
FÖD FOOD ON DEMAND	✓	✓		
	✓ \$8 MEAL EQUIVALENCY Mon - Fri 4:30 PM - 11 PM Sat - Sun 4 PM - 11 PM	✓	✓ FOOD TRUCK EXCHANGE MENU Mon - Fri 11 AM - 3:30 PM	✓
 	✓ \$8 MEAL EQUIVALENCY Mon - Fri 4:30 PM - 11 PM Sat - Sun 4 PM - 11 PM	✓	✓ FOOD TRUCK EXCHANGE MENU Mon - Fri 11 AM - 3:30 PM	✓
		✓		
			✓ 2 WEEKLY FOOD TRUCK SWIPES Mon - Fri 11 AM - 8 PM	✓
 			✓ FOOD TRUCK EXCHANGE MENU Mon - Fri 11 AM - 3:30 PM	✓
 			✓ FOOD TRUCK EXCHANGE MENU Mon - Fri 11 AM - 3:30 PM	✓
 		✓		
 BUCKNALL FAMILY CAFE 		✓		
 		✓		
  		✓ VICKI machine only		
DUNKIN'				

GUEST MEALS ACCEPTED AT:  

HOURS | LOCATIONS | MEAL PLANS | MENUS | & MORE
> NEWHAVEN.EDU/DINING

WE ARE HIRING!



Apply here!
Scan the QR code or talk to our team outside the Rec Center on Day 2

CONTACT US

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FOLLOW DINING

   [@UNEWHAVENDINING](https://www.instagram.com/UNEWHAVENDINING)
 WWW.NEWHAVEN.EDU/DINING



University of New Haven

FIRST YEAR STUDENT TRANSITION PROGRAMS

Early Arrival & Year-Long Programs

FIRST: Fostering Intentional Relationships for Successful Transition

- Collaborative program hosted by CSELO, DOS & the Myatt Center
- Students who are first in their families to attend college, multicultural students, and students who may have difficulty transitioning to college are welcome to apply.
- Program begins with an August experience, and continues with ongoing mentorship, advising, and events throughout the year.
- Application due August 1st
- For more information, email first@newhaven.edu

Men's Collective

- A mentoring program for male-identifying students of color supported by faculty & staff.
- Participation includes biweekly mentoring, advising, and monthly supporting programming;
- For more information, email cdi@newhaven.edu



APPLY NOW!

BEFORE YOU LEAVE TODAY, THINGS YOU SHOULD KNOW!

First-Year Transition Programs

- FIRST Program:
 - Early Arrival Program: August 18 – 19
 - Apply to Participate By: August 1

Charge In & Arrive on Campus

- Charlie's Fast Pass: August 15
- Residential Student Move-In: August 20
- Commuter Return to Campus: August 20
- **Charge In Orientation:** **August 20 – 23**
 - All incoming students

Classes Begin: Monday, August 24

The Welcome Experience August 24 – August 30, 2026

- Involvement Fair
- Residential & Myatt Center Events
- Chargers After Dark – Late Night Events
- Recognized Student Organization Events

Important Dates

- | | |
|----------------------------|--------------|
| • ARC Accommodations: | Apply NOW! |
| • Health Insurance Waiver: | July 31 |
| • Student Health Records: | August 1 |
| • Family Day: | October 3 |
| • Homecoming: | September 19 |

Questions & Answers

Contact Information

Office of the Dean of Students

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Center for Student Engagement, Leadership & Orientation

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Dining Services

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Myatt Center for Diversity & Inclusion

cdi@newhaven.edu

Charger Recreation

chargerrec@newhaven.edu



**THANK
YOU**

University of New Haven