

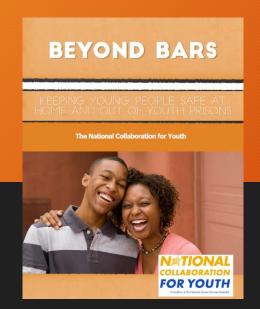
# Moving from Institutions to Community-based Treatment in Juvenile Justice

March 16, 2017 State Capitol, Hartford

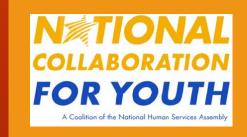
# Connecticut's Opportunity to Close CJTS and Lead the Nation (again) in Juvenile Justice Reform

"We are a community of possibilities, not a community of problems. Community exists for the sake of belonging and takes its identity from the gifts, generosity, and accountability of its citizens. It is not defined by its fears, its isolation, or its penchant for retribution."

-John McKNight

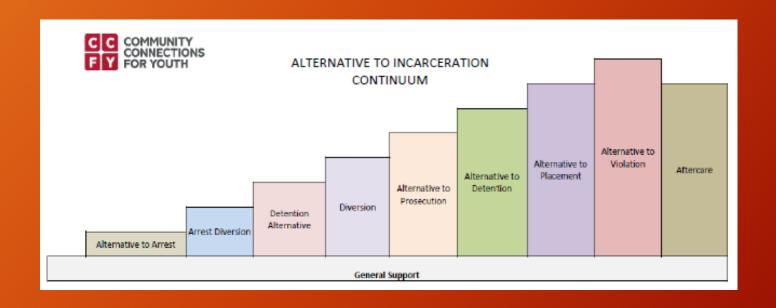


# **BEYOND BARS**



Keeping Young People Safe at Home and Out of Youth Prisons
Report can be downloaded at www.collab4youth.org

# Setting the Context

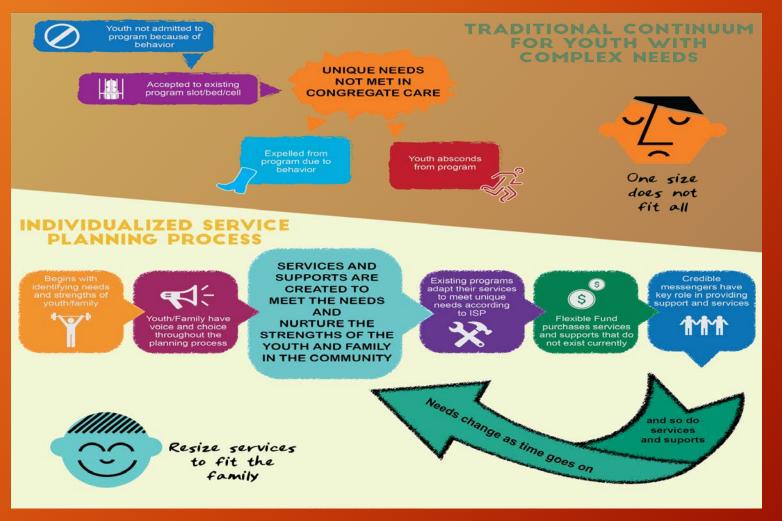


## How we define "continuum of care"

**Definition:** A continuum of care is an array of meaningful non-residential community-based programs, supports, resources and services specifically designed to meet the individual needs of young people and their families in their homes. Continua of care cultivate the strengths of youth and families and provide them with what they might need at different stages of intensity in order to keep young people out of the juvenile justice system and confinement.

Impact: In a continuum of care, youth will be able to develop AUTONOMY, COMPETENCE and a SENSE OF RELATEDNESS or belonging to their families and communities in a way that helps to ESTABLISH OR IMPROVE PUBLIC SAFETY IN THEIR HOME COMMUNITIES.

#### A Better Model for Serving Youth With Complex Needs



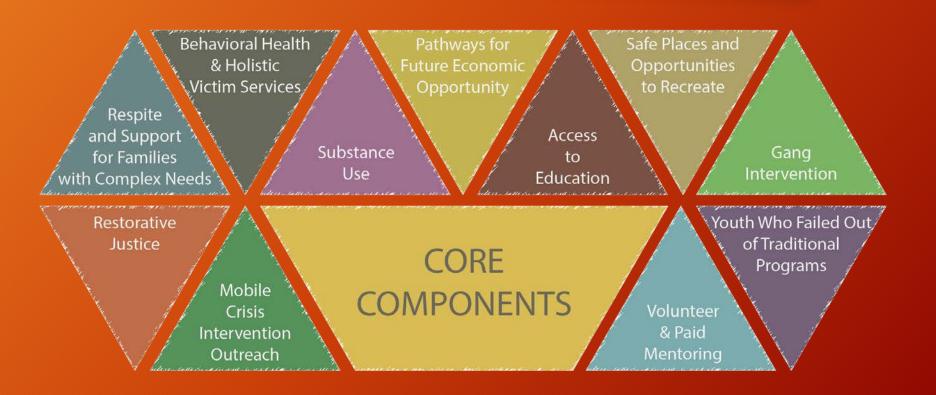
## Key Strategies

- WRAPAROUND PLANNING PROCESS
- CREDIBLE MESSENGERS
- FAMILY ADVOCACY
- FLEXIBLE FUND FOR EXTRAORDINARY NEEDS
- CRISIS AND SAFETY PLANNING

## Credible Messengers

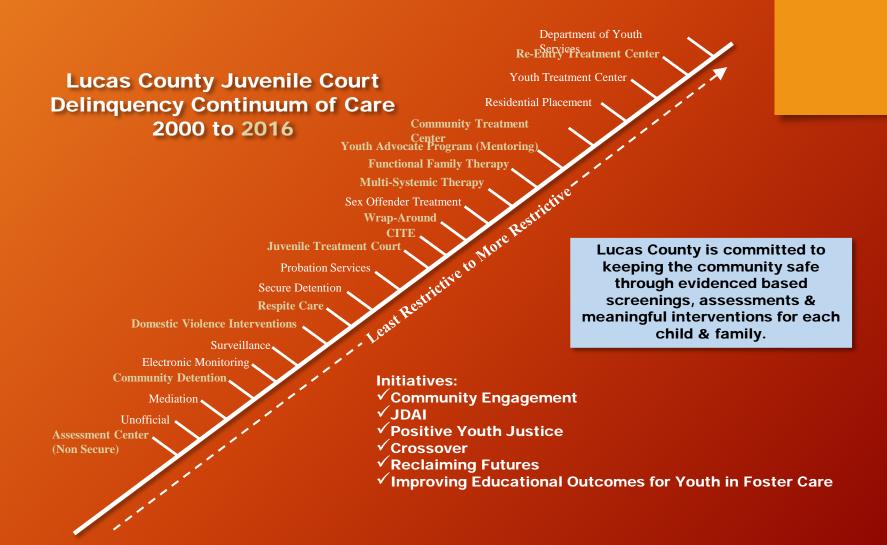
The "Credible Messenger Initiative" at the Department of Youth Rehabilitation Services (DYRS) is a transformative mentoring intervention program for youth committed to the agency, with a restorative justice philosophy for young people in the community at large. The mission of the initiative is to connect all young people in the care and custody of DYRS to healthy homes and supportive communities, and to provide preventative supports to all youth in Washington D.C.

## Core Components of a Continuum of Care

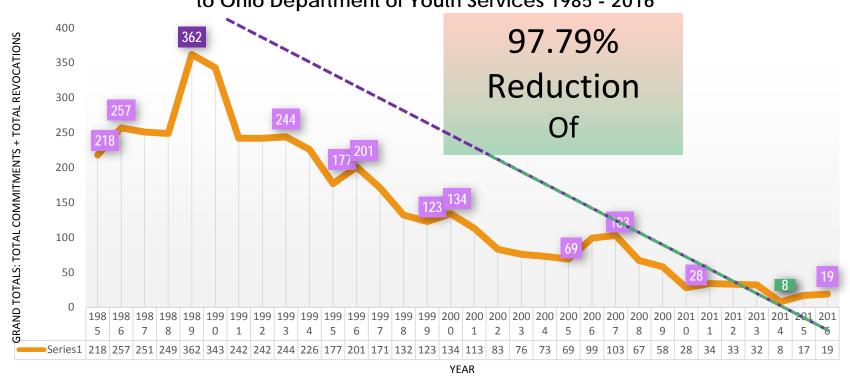


# Examples of programs for high risk young people

- Marion County, Indiana (alternative to state commitments)
- Delaware DYS (aftercare)
- Chicago (Programs targeted to highest risk young people)
- Lucas County, OH
- New Study Shows that community programs work: During a two-year follow-up period which compared young people in an intensive community-based program or probation, probation youth were significantly more likely to experience a state commitment than the youth in community-based non-residential program (21%versus 4%). In other words, probation clients were five times more likely to be committed within two years after receiving services.



# Lucas County Juvenile Court Total Commitments (includes Total Revocations) to Ohio Department of Youth Services 1985 - 2016



Promote positive youth justice/development and an increased sense of relatedness for young people.



**#BEYONDBARS** 

Define public safety as more than law enforcement.





**#BEYONDBARS** 

Shift from a slot-based system to a needs-based system.



#BEYONDBARS

GUIDING PRINCIPLE Services must be culturally competent PRINCIPLE and neighborhood-based.



**#BEYONDBARS** 

Ensure that services, programs and resources are family-centered.



GUIDING PRINCIPLE

**#BEYONDBARS** 

Include young people's ideas when creating the continua.



**#BEYONDBARS** 

Identify community strengths and assets.





**#BEYONDBARS** 

## HOW TO DEVELOP A CONTINUUM OF CARE

Step #1: Establish a Sense of Urgency	•Rejecting youth prisons as the best way to meet youth needs, achieve public safety and improve youth outcomes
Step #2: Creating the Guiding Coalition	•Establishing expertise of youth, family and community in addition to that of systems and providers to safely decarcerate young people
Step #3: Developing a Vision and Strategy	•Defining a set of principles unique to community and culture for how to best serve young people in need
Step #4: Communicating the Change Vision	•Community and staff forums to share the vision, strategy and principles
Step #5: Empowering Broad-based Action	•Creating and funding a plan to implement the vision, strategy and principles that has been shared with others
Step #6: Generating Short-term Wins	<ul> <li>Track and acknowledge early, positive outcomes, including nontraditional</li> <li>outcomes for a juvenile justice system, such as stronger families</li> </ul>
Step #7: Consolidating Gains and Producing More Change	Official redirection of dollars earmarked for community vs. facility
Step #8: Anchoring New Approaches in Culture	•Closing youth prisons and depending instead on the community and its array of services to safely meet the needs of any young person and their family, in the community

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## New York City Administration for Children's Services Division of Youth and Family Justice

# **Close to Home Initiative**

Presentation to the

**Juvenile Justice Policy Oversight Committee** 

"Moving from Institutions to Community Based Treatment in Juvenile Justice Panel"

March 16, 2016

John Dixon
Associate Commissioner

### **Overview**

In 2012, Governor Cuomo signed legislation that returned New York City youth committed by the family court on a delinquency docket from facilities upstate back to New York City.

Close to Home is a juvenile justice initiative that allows youth from New York City to receive services and supports in or close to the communities where they live. Close to Home builds on successful New York City and State reforms along with best practices from across the country aimed at improving outcomes for young people and their families by strengthening crucial services, resources and opportunities.

The New York City Administration for Children's Services partners with community based organizations throughout the 5 boroughs to deliver a broad range of services at non and limited secure residential sites and in the community. Close to Home group homes are neighborhood-based, small, supportive, and supervised environments where youth learn new skills designed to address their unique needs. Subsequent aftercare supervision enables youth to successfully return home by practicing and enhancing the skills they learned while in placement.

# **Principles**

**Permanency** – Close to Home is structured to develop, support and maintain permanent connections for youth and families.

**Well-Being** – Close to Home will foster opportunities for youth to be socially connected, feel safe, be in a stable environment and to learn and grow.

**Family Engagement** – Family support and contact are essential to each child's growth and success. In Close to Home, dislocation is minimized creating frequent and meaningful opportunities for youth to participate in treatment and better engage with their families.

**Community Integration** – Youth connect and remain connected to positive adults, peers and community supports embedded in their neighborhoods. These relationships last well past program placement to ensure ongoing success and encourage youth becoming an asset to their community.

# **Principles**

**Educational Continuity** – By receiving individualized educational services through the NYC Department of Education, youth earn academic credits towards a high school diploma. Support and guidance is provided to ensure continuity when youth return to their home schools.

**Evidenced Based and Trauma Informed Treatment** – Services are chosen that have a track record of obtaining positive outcomes with youth. A strength-based approach builds upon success and previously learned skills.

**Public Safety** – Intensive supervision and monitoring is provided by well-staffed programs comprised of highly-trained individuals.

**Accountability** – Data is used to drive programmatic decisions and to ensure that Close to Home is effective, efficient and responsive.

# **Processing**

- Family Court Committed on Delinquency Docket
- Court Order for Placement: NSP/LSP/Unspecified
- Generally for a period of 12 or 18 months
- Length of time in residential is individually determined
- Intake and Assessment
  - Comprehensive Trauma Informed/Strength Based Assessment Process
  - Youth Level of Service Inventory
  - Culminates in a Transition from Detention Meeting
- Site Placement Considerations
  - Geography
  - Gender
  - Specialized Needs: Intellectual and Developmental Disabilities, Serious Emotional Disabilities,, Substance Abuse, Problematic Sexual Behavior, Fire Setting
  - YLS Identified Needs
  - Age
  - Educational Status

## **Elements of Close to Home**

- Case Management
- Placement
  - > Non Secure
  - Limited Secure
- Aftercare
- Quality Assurance

# **Case Management**

#### **ACS Placement and Permanency Specialist**

- 1 ACS staff in the life of the youth and family
- Assigned at intake and stay with youth throughout their time
- Geographically based
- Over-arching case management function
- Partner closely with providers and community resources
- Low caseload allows for increased support/accessibility/contact
- Case Coordination Manual/CTH Timeline drive work

#### **Risk/Needs/Responsivity Framework**

- Assessment of risk/needs drives case management and services
- Domain focused: Needs that correlate with criminal behavior

#### **Planning and Support Meetings**

- Convening everyone in the life of the youth to plan/prepare
- Occur at critical transitions in the life of the youth
- Family Team Conferencing model

### **Non-Secure Placement**

25 sites / 7 provider agencies

Across 4 boroughs and lower Westchester County

Range in size from 6 to 13 beds / Current Census = 159

8:1 staff to youth ratio with minimum of 2 on at all times

Staff secure with physical plant support

Activities and services occur on site and in the community

School through DOE Passages Academies (Multi-Site Schools)

Core Program Models: Missouri Youth Systems Initiative

Intensive Treatment Model

Lasallian Model

Interventions include: Sanctuary Model, Aggression Replacement Training, Individual/Group/Family Counseling, Cognitive Behavioral Therapy, Mentoring, Positive Youth Development Activities, Integration of Aftercare Services

Support staff include: Case Planner, Clinicians, Education Transition Specialists, Recreation, Group Leaders

## **Limited Secure Placement**

4 sites / 3 provider agencies

Queens/Bronx/Westchester County (Brooklyn opening April 2017)

Range from 6 to 18 beds / Current census = 24

3:1 staff to youth ratio

Hardware secure with on site 24/7 staffed control room

Activities and services occur on site

Education provided by DOE on site

Interventions and supports consistent with NSP

Core Program Models: Missouri Youth Systems Initiative

Intensive Treatment Model

## **Aftercare**

Current Census: 57

Creating community and neighborhood based networks of support

- Resources that exceed the youth's placement in Close to Home
- Mapping has pinpointed 7 neighborhoods
- Service Matrix by YLS domain and borough

Planning begins at admission and continues through residential placement

- Services identified and in place 60 days from release
- Community Passes and Passports
- Education: DOE Transitional Specialists and Attendance Tracking

Graduated Responses to address and reinforce behavior

7 contracted providers

- In Home Evidenced Based Services: MST/FFT/Boystown
- LSP residential providers are the aftercare providers for LSP youth

Additional Funded Resources

- Cure Violence
- Carnegie Hall

# **Quality Assurance**

#### Office of Policy, Planning and Performance

- Policy Development
- NSP/LSP Monitoring
  - Performance Based Standards (PbS)
  - Data Development and Review: Arrest, AWOL, Incidents, Use of Restraint, School Attendance and Achievement
  - Site Reviews
  - Monthly Review with Provider Agencies
  - Addressing Performance Issues

#### **Monitoring Case Management Performance**

- Guided by Case Coordination Manual and CTH Timeline
- Monthly Contact and Supervisory Reviews
- Quarterly ACS/Provider Release Plan Reviews
- RNR Focused

# NYC Juvenile Justice System Trends 2011-2015

#### **Juvenile Arrests**

- 55% decrease (12,066 to 5,372)
- 28% decrease in felony arrests (4,012 to 2,892)

#### **Detention Admissions**

43% decrease (4,766 to 2,730)

### Juvenile Delinquent and Juvenile Offender Placement

• 52% decrease (544 to 260)

#### Close to Home Placement (2014 to 2015)

29% decrease (308 to 219)

Race	СТН	Population
Black	54.3%	27%
Hispanic	36.5%	36%
White	3.7%	23%
Asian	1.8%	11%
Other	3.7%	3%

Gender	Admissions
Male	170 (78%)
Female	49 (22%)

Age	Admissions
12	3 (1%)
13	10 (5%)
14	33 (15%)
15	86 (39%)
16	60 (27%)
17	21 (10%)
18	6 (3%)

Borough	Admissions
Brooklyn	72 (33%)
Queens	57 (26%)
Bronx	54 (25%)
Manhattan	27 (12%)
Staten Island	5 (3%)
Other	2 (1%)

Adjudication Type	Admissions
Violation of Probation	116 (57%)
Misdemeanor	46 (22%)
Felony	43 (21%)

#### **Top 3 Charges**

Criminal Possession of Stolen Property

**Grand Larceny** 

Assault 3<sup>rd</sup> Degree

#### **Other Factors**

8% of youth admitted had previous CTH involvement

12 youth were modified to a more secure level of care

12 youth were revoked from aftercare to placement

#### Education

90% were reading at least 1 grade level below national norm

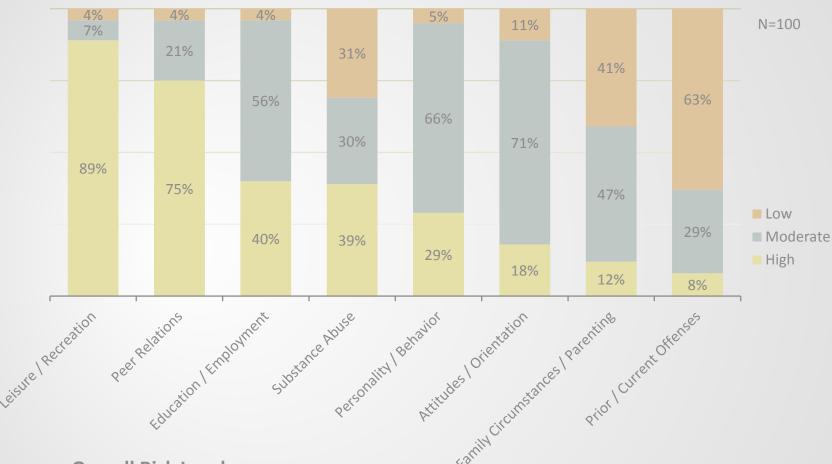
53% were in the 9<sup>th</sup> grade and 26% were in the 10<sup>th</sup> grade

60% were students with disabilities and an IEP

8% were considered English language learners

Release Resource	Releases
Parent	160 (59%)
Foster Care	69 (25%)
Family Other Than Parent	21 (8%)
Other	23 (8%)

# **Youth Profile: Needs by YLS Domain**



**Overall Risk Level** 

High: 52%

Moderate: 45%

Low: 3%

## **Provider Profile**

Provider agencies have deep roots and are embedded in the community with a long history of culturally sensitive service to families and children in need

Providers have an extensive history of providing child welfare services in residential, educational and community settings

Several providers have a history of providing secure or non-secure detention services in NYC and nearby

Most agencies have an infrastructure and resources that support the work (i.e. quality assurance, training, clinical expertise, data management)

Providers have a working knowledge of positive youth development and supporting frameworks (i.e. Positive Behavioral Interventions and Supports)

Providers did not have a history of using a risk/needs/responsivity framework to address the criminogenic needs of youth

# **Implementation Challenges and Strategies**

#### **Siting and Community Support**

- Community Advisory Boards
- Community Service/Restorative Justice Activities

#### **AWOLs from and Subsequent Arrests while in Placement**

- Results Based Accountability Approach: Decreasing Arrests in NSP, LSP,
   Gender Specific
- AWOL Tracking and Diligent Efforts: Investigative Consultants
- Field Operations: School Security and Site Technical Assistance
- Youth Focused Release and RNR Focused Case Review Process

#### **Narrowly Defining Aftercare and Community Resources**

- Reassigning Staff Geographically
- Mapping Neighborhoods of Origin and Service Matrix Development
- Expanding Contracting and Referrals from Evidenced Based Services to Include Opportunities for Positive Youth Development
- Utilizing and Partnering with NYC Unique Resources

# Implementation Challenges and Strategies

#### **Provider Accountability and Oversight**

- Establishing Quality Assurance Standards
- PbS Performance-Based Standards
- Monitoring Staff and Structured Oversight

#### **Youth Contact and Supervision**

- Lean Six Sigma Project
- Case Reviews
- Case Coordination Manual and CTH Timeline Compliance
- Expanding Aftercare Network Based Upon Strengths and Interests

#### **Family Engagement and Supporting Permanency**

- Family Team Conferencing
- Parent Advocates/Coaches
- Intensive Concurrent Planning and Reviews

#### **Economics of Small Facilities and Provider Agencies**

- Guaranteed Payment for Capacity
- ACS Infrastructure Including Field Operations/Q.I./Research
- Re-Investment of State Juvenile Justice Resources



John Dixon,
Associate Commissioner
New York City
Administration for Children's Services
Division of Youth and Family Justice



#### MOVING FROM INSTITUTION TO COMMUNITY-BASED TREATMENT IN JUVENILE JUSTICE

THE JUSTICE POLICY INSTITUTE

PRESENTED TO THE JUVENILE JUSTICE POLICY AND OVERSIGHT COMMITTEE

# Rethinking Juvenile Justice

- Youth Prison Impact
  - Financial Cost
  - Negative outcomes
- Developing Success
  - Reduce
  - Reform
  - Replace
  - Reinvest









#### The D.C. Story

Historical Context

- Oak Hill Youth Center
- Jerry M. vs. District of Columbia





# The old way of thinking...



#### The D.C. Story Continued

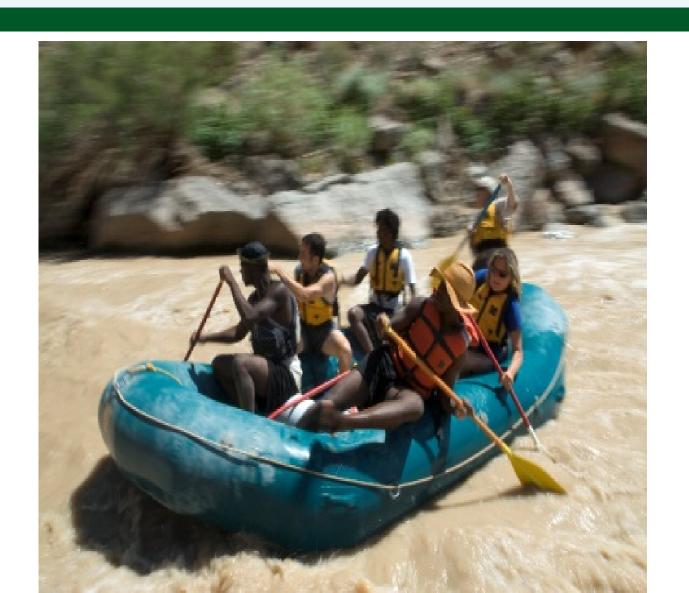
 Omnibus Juvenile Justice Amendment Act of 2003 (D.C. Law 15-261)

What happened next...





# The new way of thinking...







## The District's System Today

- □ 2008 '12 Re-conviction/Re-arrests fell 37%
- **2014** 
  - 48% of youth were in community-based placement
- More Youth in the Community
  - 83% of youth have not been re-convicted
  - Participating youth have lower re-arrest occurrences





# Positive Youth Development Outcomes

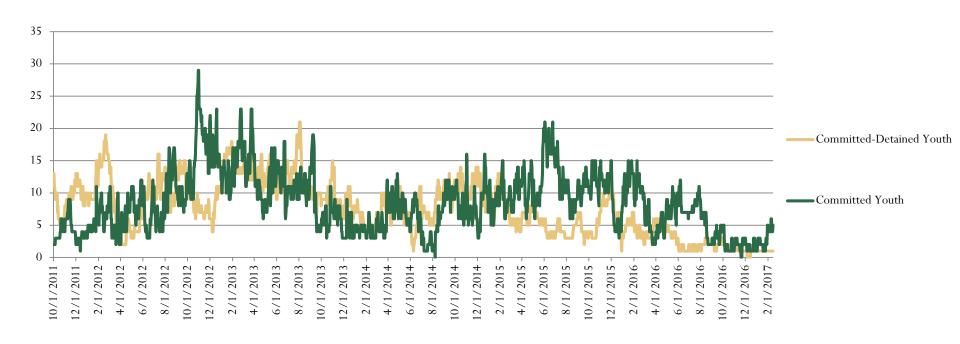
#### Youth Succeeding at:

- **■** Work
  - 1125 youth linked to job programs
- Education
  - 739 youth linked to education programs
- Health
  - 656 youth linked to community-based health services
- Creativity
  - 228 youth linked to community-based creativity programs
- Community Engagement
  - 277 youth linked to community-service programs





# The District has been able to manage its population and stay under capacity.



Source: Department of Youth Rehabilitation Services, "Youth Population Snapshot," March 2017.

#### Note:

Committed-Detained Youth - include youth committed to DYRS who have been ordered to YSC through an open juvenile case;

Committed Youth - have an open commitment and are in an Awaiting Placement status at YSC due to DYRS policy or a Case Manager supervisory decision;







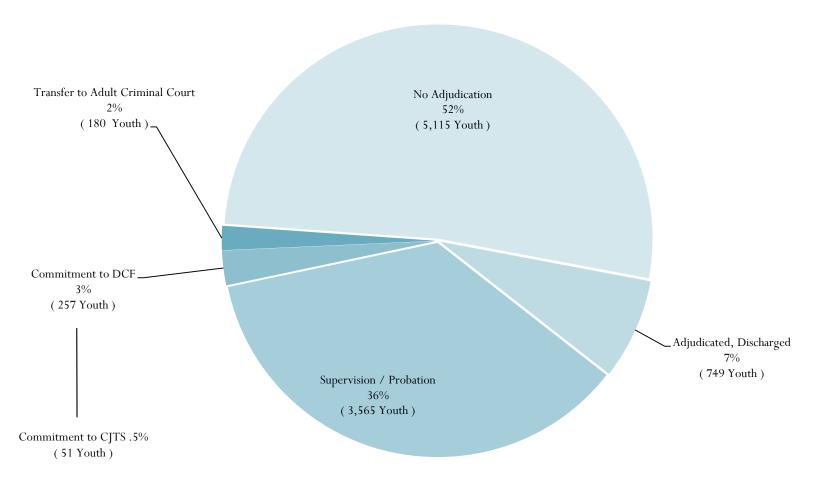
#### **Lessons Learned**

- Don't spend a disproportionate amount of time on buildings.
- □ Spend more time, energy and resources on developing the rest of the continuum, with services, supports and opportunities.
- □ The reform process must be data driven and research informed
- Build partnerships outside the justice system for continued success
- Dangers of youth confinement
- At the end of the day, need to make decision, implement and adjust overtime





# We need to focus on building out the rest of the continuum, rather than focused on the smallest percentage of youth in the Connecticut Juvenile Justice System









#### Remembering the 4 R's

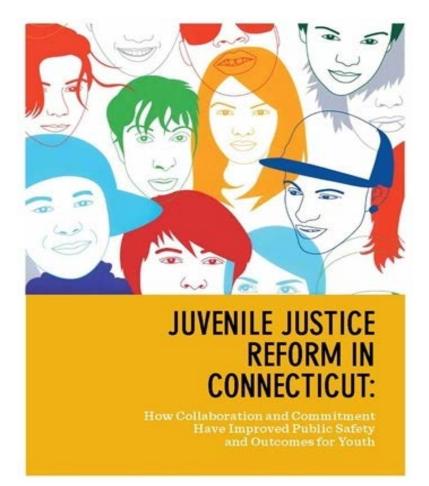
- □ Connecticut has shown its ability to:
  - Reduce
  - Reform
- □ Connecticut is *ready* to:
  - Replace the Connecticut Juvenile Training School
  - Reinvest the savings into expanding the community





#### JPI's look into Connecticut's System

- Juvenile Justice Reform in Connecticut: How collaboration and commitment improved outcomes for youth (2013)
  - Reduced overreliance on confinement
    - 70% reduction in residential commitment
  - Developed a continuum of targeted, non-residential programs for youth
  - Diverted status offenders away from court system and locked detention centers
  - Kept out of the adult system







## Closing the Connecticut Juvenile Training School (CJTS)

#### **Current Status**

- □ Capacity 230 residents
  - Average Daily Population in 2016 48 youth
  - Predicted Average Daily Population in 2018 – 19 youth

#### **On-going Reforms**

- Major System wide goals advised by the JJPOC
- Expansion of diversion
- Making probation and aftercare approaches more effective
- Reducing the use of pretrial detention
- Reducing reliance on facilities, and focusing resources on communitybased approaches
- Improving systems' management of resources and strengthening strategies to serve young people more effectively







#### **Connecticut is Ready**

- Reinvest the savings from the training school
  - Strategic and purposeful reinvestment areas
- Continued support with community-based organizations and services
  - Establishment of performance measures
- Develop partnerships for continued efforts
  - Capacity building with impacted communities

The System Has Been Ready







#### **Questions?**







#### Presenter/JPI Information

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