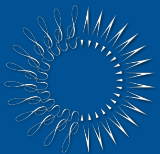# *Connecticut Results First:* Juvenile Justice Programs

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Evidence-Based Programs in Connecticut: Juveniles

- Adolescent Diversion Project
- Aggression Replacement Training (ART)
- Coordination of Services
- Drug Court
- Family Integrated Transitions
- Functional Family Therapy
- Multisystemic Therapy
- Multidimensional Treatment Foster Care
- Scared Straight
- Victim Offender Mediation

Evidence-Based Programs in Connecticut: Juveniles

Evidence-Based Programs	Programs in Connecticut with Sufficient Data (Agency)
Aggression Replacement Training	Youth Equipped for Success (CSSD)
Family Integrated Transitions	Multi-Systemic Therapy – Family Integrated Transitions (DCF)
Functional Family Therapy	Youth Equipped for Success (CSSD) Functional Family Therapy (DCF)
Multisystemic Therapy	Multisystemic Therapy (CSSD) Multisystemic Therapy (DCF)
Multidimensional Treatment Foster Care	Multidimensional Treatment Foster Care (CSSD) Multidimensional Treatment Foster Care (DCF)

Source: Institute for Municipal and Regional Planning

Juvenile Program Effects on Recidivism

Program	Crime Change	Studies
PROBATION		
Multidimensional Treatment Foster Care	- 12.2 %	3
Aggression Replacement Therapy	- 17.0 %	4
Functional Family Therapy	- 18.2 %	8
Multisystemic Therapy	- 11.1 %	11
INSTITUTIONAL		
Functional Family Therapy	- 12.4 %	8
Family Integrated Transitions	- 7.8 %	1
Aggression Replacement Training	- 11.5 %	4

Source: Institute for Municipal and Regional Planning

Juvenile Program Benefit-Cost Analysis
(2011 dollars)

Program	Cost	Total Benefits	Taxpayer	Non-Taxpayer	Net Benefits	Benefit to Cost Ratio
Aggression Replacement Training (Probation High Risk)	($2,858)	$24,945	$11,827	$8,956	**$22,087**	$8.73
Family Integrated Transitions (Training School)	($8,903)	$39,940	$12,374	$24,829	**$31,037**	$4.49
Functional Family Therapy (Probation)	($3,894)	$27,206	$12,899	$9,796	**$23,312**	$6.99
Multisystemic Therapy (Probation)	($8,240)	$16,412	$7,781	$5,891	**$8,172**	$1.99

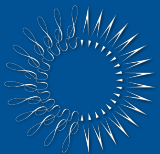*Source: Institute for Municipal and Regional Planning*

EXAMPLE: Meta-analysis of Functional Family Therapy

Recidivism Rate

RECIDIVISM RATES REDUCED BY 12.4%

Follow-up Years

Source: Institute for Municipal and Regional Planning

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