

B.S. Nutrition Sciences – General Major Map



University of New Haven

	1 st Year	2 nd Year	3 rd Year	After Graduation
Get the Courses You Need (core courses, requirements, electives...) *= prerequisite required	ENGL 1112/3/4♦ : Sem Acad Inquiry CHEM 1115♦ : Gen Chem I w/lab BIOL 2253 : Biology I w/ lab MATH 1110♦ : College Algebra DIET 1160B : Nutrition and Health DIET 1120 : Seminar I: Exploring the Dietetics Field I UNIV 1141 : Intro to Acad Research and Project Management PSYC 1111 : Intro Psychology HLTH 1100 : Intro Health Profession MATH 2228♦ : Elem Stats CHEM 1116♦ : Gen Chem II w/lab DIET 1125♦ : Seminar II: Exploring the Dietetics Field II DIET 1175 : Food, Nutrition & Culture HLTH 2200 : Intro US Healthcare COMM 1130 : Principles of Communication Focus on broad selection of Tier 1 core courses to allow for broad exposure to minor options Start discussing possible minor options	HLTH 2250♦ : HS Research & Design BIOL 2259 or PARA 2230♦ : Anat & Phys I w/lab Free Elective DIET 2200♦ : Food Science w/lab HLTH 1175 : Medical Terminology Free Elective HLTH 3370♦ : HS Research & Writing (W) BIOL 2260 or PARA 2231♦ : Anat & Phys II w/lab DIET 2250♦ : Culinary Nutrition w/lab CHEM 2201 : Organic Chemistry DIET 2220♦ : Seminar III: Safe Food Handling HLTH 2230 : Bioethics Perspectives on Creative Arts Free Elective Good time to start of a minor if one is desired Make possible plans to apply for linked programs	Free Elective BIOL 3301♦ : Microbiology w/lab DIET 3350♦ : Nutrition Through Lifecycle HLTH 3360 : Healthcare Leadership BIOL 2261♦ : Biochemistry DIET 3320♦ : Seminar IV: Community Assessment PSYC 2235♦ : Health Psychology DIET 1150 : Sport Nutrition Free Elective DIET 4430♦ : Nutrition Communication Historical Perspectives DIET 4420♦ : Seminar V: Culminating Capstone Complete remaining Tier 2 Core Competencies	Continue on to MS Nutrition Sciences Program Potential Careers: - Nutritionist Potential Employers: - Public Health Clinics - Health Maintenance Organizations - Government and Nonprofit Agencies Skills and Qualifications ❖ Creativity ❖ Critical Thinking Skills ❖ Data Analysis skills ❖ Scientific and technical writing
Get Relevant Experience & Connections (clubs, jobs, volunteering, research, internships, conferences, professional associations)	Start building your personal and professional network by getting involved on campus and in the community	Explore research and internships Connect with faculty to discern professional options	Join professional organizations Continue your experiential engagement	
Get Thinking Globally & Locally (Study abroad, travel, modern language, service learning)	Explore and engage in experiential opportunities such as study abroad	Explore service-learning opportunities Engage in experiential opportunities like SURF	Engage in experiential opportunities such as capstone projects	
Get Ready for Life After Graduation (Career or grad school prep)	Take FOCUS Career Assessment and meet with a career advisor to begin aligning your skills and interested with academic programs and career goals	Explore career options and connect with career advisors and alumni to discern your professional options	Begin preparing for graduate school	