#### UNIVERSITY OF NEW HAVEN

# CHARGER CONNECTION

A NEWSLETTER FOR PARENTS AND COUNSELORS OF PROSPECTIVE STUDENTS • WINTER 2013



### **Financial Aid Information**

by Elizabeth A. Desi, Sr. Associate Director of Financial Aid

ou already know that a college education is a valuable investment and, while you must carefully consider the commitment it demands, a UNH education is an investment in your future. Financing a college education is one of the most significant investments a family can make. Although the thought of financing a college education may seem overwhelming, it can become more affordable with financial aid. The financial aid process can seem confusing; however, our financial aid staff is here to assist you, so please don't hesitate to contact us.

#### TO APPLY FOR FINANCIAL AID:

- ➤ Complete and submit the FAFSA (Free Application for Federal Student Aid), available at www.fafsa.gov.
- ► The UNH priority date for completing the 2013–2014 FAFSA is March 1, 2013.
- ► The UNH Title IV School Code for the FAFSA is 001397.
- ➤ UNH will communicate via email to accepted students to request additional paperwork, if necessary. You may be required to submit a Tax Return Transcript — a document you obtain from the Internal Revenue Service (IRS) — and a UNH Verification Worksheet.

(Continued on page 3)

#### **UPCOMING EVENTS**

#### **UPCOMING VISIT OPPORTUNITIES**

#### ► Accepted Student Days

- Saturday April 6, 2013 Arts & Sciences
- Sunday April 7, 2013 Business and Engineering
- Saturday April 13, 2013
   Henry C. Lee College
- Sunday April 14, 2013
   Arts & Sciences
- Saturday April 20, 2013
   Business and Engineering
- Sunday April 21, 2013
   Henry C. Lee College

#### **▶** Open House

Sunday, April 28, 2013

#### ► Transfer Open House

Sunday, May 5, 2013

#### ► Enhanced Visits

 Various Dates on Website: www.newhaven.edu/enhanced

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### **MARVIN K. PETERSON LIBRARY**

by Ashley Abate, Admissions Counselor

ith technology taking over society, many students are more prone to open their laptops instead of opening a book! Understanding that the learning process is changing for students, the University of New Haven's Marvin K. Peterson Library is changing, too.

One of the biggest changes has been the availability of e-books! Faculty, staff, and students have the opportunity to access several collections of books on topics ranging from psychology to earth sciences. Whether it is for pleasure reading or academic learning, you are sure to find something you like.

Many of you still enjoy the tactile, hardcover style of reading, so the Peterson Library offers a number of physical books to choose from as well as journals, guides, and databases to enhance your studies at UNH.

Whichever book style you prefer, the ability to find and analyze information is a critical skill for your academic success! Workshops are open to the entire UNH community. Drop in on any or all of the sessions we offer to learn about library research and databases. It's a great opportunity to get your questions answered in a small group environment.

With the schedules of today's students being so hectic, we've planned our library's hours of operation to cater to student life. During the weeks of mid-terms and finals, the library is staffed 24/7, so students can perfect their study habits and ace exams! Our physical facility has quiet study space, group study rooms, comfortable seating, 71 desktop computers, 6 iMacs, 48 laptops, 4 black and white high-speed printers, and a color printer. The entire building is a wireless zone as is our whole campus. You can also visit the Charger Café, located on the main level in the Library. Relax, and sip a cup of

hot chocolate or a mocha latte as you look at the beautiful scenery of the Maxcy quad.

For more information regarding the Marvin K. Peterson Library, be sure to visit www.newhaven.edu/library. Happy Reading!



### **Financial Aid Information**

(Continued from page 1)

- ► Additional paperwork requested by UNH is due by May 1, 2013.
- ➤ The FAFSA must be completed for **each year** the student is seeking financial assistance.

Financial Aid awards based on the results of the FAFSA are sent to students beginning in February. The Financial Aid award reflects the financial aid for which the student has been determined eligible.

Families seeking additional financial assistance to help pay the remaining educational expenses may want to consider the following options:

#### SEARCH FOR PRIVATE SCHOLARSHIPS.

Private scholarships are awards a student receives from a source outside of the University. They are awarded by businesses, organizations, civic groups, high schools, churches, and many other agencies.

**A.** Check with your high school Guidance Counselor's office.

- **B.** Check with community service organizations, civic groups, and religious organizations in which you are involved.
- **G.** Check with a parent's employer or union.
- D. Search online:
   www.collegeanswer.com
   www.fastweb.com
   www.finaid.org
   www.freschinfo.com
   www.zinch.com

Beware of Scholarship Scams! You should NOT pay money to apply for scholarships. Never give your credit card or checking account information.

#### **USE THE 10-MONTH PAYMENT PLAN**

through Tuition Management Systems (TMS). This is an interest-free alternative to lump-sum payments that are due at bill time. This option allows you to spread out your payments over a period of 10 months (July – April) and can limit the amount of loan money you may need to borrow. The enrollment fee is \$70.

For more information, select "Payment Options from the Bursar's Office webpage www.newhaven.edu/bursar.

#### THE FEDERAL DIRECT PARENT LOAN

(PLUS). This financing option is available to parents of a dependent undergraduate student who is enrolled at least half time and is making satisfactory academic progress. For 2012–2013, the interest rate is fixed at 7.9%. Parents who do not have an adverse credit history may borrow up to the annual total Cost of Attendance, minus other financial aid received.

#### A PRIVATE ALTERNATIVE LOAN.

These are credit-based loans where the student is the borrower. These loans will likely require a credit-worthy co-signer for the student to be approved. The loans must be repaid, and normally, the student must be 18 years old to apply. Private loans offer varying terms and conditions set by the individual lender of the loan program. Private loans typically cost more than the educational loans offered by the federal government. The interest rates are pegged to either the Prime Lending Rate or the LIBOR index and may be fixed or variable.

Join us for a Financial Aid webinar! Visit www.newhaven.edu/webinars and select "Chats & Webinars"

#### Office of Financial Aid

Maxcy Hall Room 118B 300 Boston Post Road West Haven, CT 06516

Phone: 203.932.7315 Email: financialaid@newhaven.edu Fax: 203.931.6050



# **NUTRITION AND DIETETICS**

**Food for Thought** 







by Miguel Santiago, Admissions Counselor

mong the countless number of majors, programs, and concentrations offered through our eclectic College of Arts and Sciences, one stands alone in its purpose to nourish both the mind and body: Nutrition and Dietetics. Since its induction into the curriculum of UNH, the program has developed and grown into an influential course of study in the UNH community as well as in several health facilities and communities throughout the New England region. We offer a Bachelor of Science degree program in Nutrition and Dietetics,

sue as a major or minor here at the University of New Haven.

Nutrition and Dietetics is a program that comprises two concepts: the study of food and the profession of implementing healthy diets to promote

health and strengthen the immune system. The University of New Haven has created a program that provides some of the best faculty, staff, and modern resources available in the study of nutrition. The primary goal of the UNH Nutrition and Dietetics faculty is to equip students with a solid foundation and proper educational background to pursue a number a careers that generate from a core mission of using food to better people's lives.

In fact, one of UNH's primary assets is a nationally accredited Didactic Programs in Dietetics (DPD) — one of the few in the New England region and the only accredited DPD in Southern Connecticut. Our Nutrition and Dietetics program has its national accreditation through The Accreditation Council for Education in Nutrition and Dietetics. It is only through completion of an accredited didactic program that a student can become a Registered Dietitian (RD).

Some of the other resources and facilities at a student's disposal include nutrition/ food labs, a Dietetics Club, access to the

New York State Dietetic which students can pur- "Since its induction into the cur- Association, and entrance into the Connecticut Academy of Nutrition and Dietetics. One of the most important resources accessible to students is an open line of communication with an experienced faculty and staff who have devoted countless years to the advancement of nutrition in the health profession. The University of New

> Haven prides itself on this one-on-one interaction that takes place at the classroom level. What's more, the Nutrition and Dietetics program is an instrumental example of the hands-on, experiential learning that takes place throughout the campus curriculum.

All of these factors are key to helping students at UNH enter the professional world of nutrition and dietetics. Completion of a Didactic Program in Dietetics is the first step toward becoming a Registered Dietician.

The next step is completion of an accredited didactic internship with at least 1,200 hours of supervised practice. Under the tireless direction of a dedicated faculty, UNH has been very efficient in preparing and placing students into these accredited internships. Upon completion of the internship, close to 70% of students from the UNH program go on to become Registered Dietitians.

One of the greatest advantages of this program is its central location in one of the nation's most respected and well-equipped medical districts. Internships and regular communication with the UNH faculty and alumni have led to prominent positions with the following institutions: Yale-New Haven Hospital, VA Connecticut Healthcare System, Milford Hospital, Yale University's Bright Bodies Program (helping school-age children lose weight), Norwalk Hospital, Bridgeport Hospital, Connecticut Department of Health, Connecticut School Lunch Program, Westport Elderly Nutrition Services, and more.

Another distinguishing characteristic of the program is the ability and freedom to work in a number of different fields that con nect to the health profession. The job titles include the following: clinical dietitians,

private practice dietitians, university faculty, professionals in community health facilities, food service managers, dietetic technicians, renal dietitians, sports nutritionists, consultants for long-term or child-care facilities, and school lunch managers. Nutrition and dietetics is a field that equips student with a vast knowledge of the human body and what is necessary for it to function at its highest level. Such a skill is not only vital to the function of health science and medical studies but is also highly regarded in the professional world of business.

The possibilities are endless throughout the study of nutrition and dietetics. The options presented to students in this program are not limited to one path or one career. This program's mission revolves around the concept and philosophy of using one's passion for food and health to benefit others. In the words of one of the University's most esteemed colleagues and educators, in order for a student to fully utilize and appreciate the study of nutrition and dietetics, "you have to believe in the healing power of food...you have to be willing to be a food person!" — Georgia Chevant, Assistant Professor.



"The options presented to students in this program are not limited to one path or one career. This program's mission revolves around the concept and philosophy of using one's passion for food and health



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in the UNH community as well

o you or someone you know have what it takes to be the Miss University of New Haven or New Haven County?

Miss University of New Haven and Miss New Haven County will compete for the title of Miss Connecticut and the opportunity to become Miss America! The Miss Connecticut Pageant is an official preliminary of the Miss America Pageant, the nation's leading achievement program and the world's largest provider of scholarship assistance to young women. The Miss Connecticut Scholarship Corporation is a non-profit organization that

awards scholarships to outstanding young women to help advance them academically and professionally. Participants have gone on to achieve major success in diverse fields including medicine, law, business, broadcast journalism, theater, politics, literature and more.

Participation in this program provides young women with the opportunity to promote platforms of community service, share their talents, intelligence, and positive values while serving as role models in their communities, all with the support of dedicated volunteers assisting them

in their pursuit of academic excellence, service and lifelong success.

Phases of competition include Lifestyle & Fitness in Swimsuit; Talent; Eveningwear; On-stage Question and Private Interview. Contestants must be age 17–24 and live, attend school, or work full time in the state of Connecticut.

For more information, please contact Ashley Abate by email **aabate@newhaven.edu** or phone 203.859.0119. The 2013 Miss New Haven Scholarship Pageant will be taking place at the University of New Haven on Saturday, March 2, 2013.

# COLLEGE OF BUSINESS SCHOLARSHIP CHALLENGE: How You Can Earn a Full Tuition Four-Year Scholarship!

RSITY OF NEW

If you have already been accepted to the College of Business at the University of New Haven, we invite you to compete for one of four (4) full tuition scholarships! Show us you're ready to start your journey to success in the business world and you may be one of our scholarship recipients.

To enter the competition, create a Facebook Business Page to launch the web presence for an original business you'd like to start. There is no limitation on the budget or scope of your business – the sky

is the limit! Supplement your Facebook Page with a business plan outlining your company's mission statement, describing the product or service offered, identifying your ompetitors, detailing how I market your product or

the product or service offered, identifying your competitors, detailing how you will market your product or service and creating a financial plan for your start-up.

Visit www.facebook.com/COBchallenge for full competition details and to submit your entry! Submissions are due

by March 15, 2013. Questions? Call Katie Fainer at 203.500.9259 or email COBchallenge@newhaven.edu. We hope you will take advantage of this exciting opportunity!



## **ALUMNI PROFILE: KRISTIN CHAN, '10**

### **Front End Supervisor, Lillian August Designs, NYC**

**B.A. INTERIOR DESIGN** 

#### What was your undergraduate major?

My undergraduate major was Interior Design, B.A.

## Academically, what was your favorite thing about your undergraduate program?

I'd have to say it was the way it was structured — starting with the very small basics of the art form (learning to do plans and perspectives by hand and learning to use drawing tools) and working our way up (using AutoCAD, Revit Architecture, and Google SketchUP). I also loved learning about the different paths we could take in this career and then designing for that specific genre.

## How did UNH prepare you for life after college? What is your current profession?

The structure of the interior design program, being taught by professional designers and architects, and doing an internship all help me develop a sense of professional responsibility. I now work for Lillian August Designs in New York City as Front End Supervisor.

## Any favorite memories from your years at UNH?

Some of my favorite memories include becoming a founding member of Delta Phi Epsilon sorority, being president my senior year, and the amazing trips we took for my major (museums, expos, specific commercial facilities for project research, and homes of famous architects). When



"When I think of UNH, though, my recollections go beyond specific memories to something bigger — I remember how it felt as UNH became such a close community for me, whether it was through the Greek community, my major/classmates, or just the familiar faces from freshman year that still greeted me senior year."

I think of UNH, though, my recollections go beyond specific memories to something bigger — I remember how it felt as UNH became such a close community for me, whether it was through the Greek

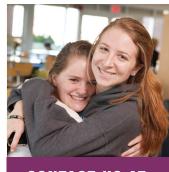
community, my major/ classmates, or just the familiar faces from freshman year that still greeted me senior year.

# Is there anything you would change about your experience?

The only thing I might have done differently was study abroad — I'm sorry I didn't do it when I had the chance.

#### What advice do you have for prospective students or their parents?

My advice would be to get involved as much as you can! UNH provides so many opportunities to do so, and you will learn so much about yourself, other people, and the world around you. And, if you need help or have any questions, don't hesitate to ask! People are always there to help with anything.



**CONTACT US AT:** www.newhaven.edu

#### **Admissions**

203.932.7319 adminfo@newhaven.edu

#### **Athletics**

203.932.7017 www.newhavenchargers.com

#### **Bookstore**

203.932.7030 unh@bkstr.com

#### **Bursar's Office**

203.932.7217 bursar@newhaven.edu

**Campus Access Services** 

203.932.7331

lcopney-okeke@newhaven.edu

#### **Campus Police**

203.932.7014 policedispatch@newhaven.edu

#### **Charger Recreation and Intramurals**

203.931.2965 www.newhaven.edu/chargerrec

#### **Dining Services**

203.932.7185

bavitabile@newhaven.edu

#### **Financial Aid Office** 203.932.7315 finaid@newhaven.edu

**Health Services** 

#### 203.932.7079 Fax: 203.931.6090

**Housing and Residential Life** 203.932.7076

reslife@newhaven.edu

#### **Registrar's Office** 203.932.7301 undergradrecords@newhaven.edu

**Student Activities** 

203.479.4582 studentactivities@newhaven.edu



# 4+1 EDUCATION PROGRAM AT THE UNIVERSITY OF NEW HAVEN

by Sara Squeglia, Admissions Counselor

s graduation comes closer and the uncertainty of the job market looms over college students' heads, many begin to look toward teaching as a viable career option. The University of New Haven has instituted the 4+1 Education Program, a combined bachelor's and master's degree program that allows students to obtain a secondary degree and pursue a teacher certification in only five years. The program has gained popularity thanks to organizations such as Teach for America and City Year.

The program's approach is simple. The first step is earning the bachelor's degree. Explains Nancy Niemi, an education professor at UNH: "All professors emphasize getting solid content expertise as an undergraduate before beginning to work on a master's in education." UNH allows students interested in elementary education to obtain an undergraduate degree in any field they choose; however, the University recommends that those interested in secondary education focus on a traditional subject, such as history or mathematics. All students are required to take a few introductory education courses before completing their undergraduate

work. Niemi asserts, "This leaves time for graduate work to focus on pedagogy — the art and science of teaching."

Once the undergraduate degree is completed, the 4+1 program allows students to earn a tuition-free master's degree from UNH. The trade-off includes a full-time internship at a local Connecticut school. This simple yet helpful bonus

"Once the undergraduate degree is

completed, the 4+1 program allows

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demonstrates the accelerated pace of the Pre-Education program and essentially offers two degrees for the price of one. "And, since the program is centered on the UNH local Connecticut school." campus, students are

offered the highly coveted seamless transition between their undergraduate and graduate programs," said Niemi. Who could ask for more?

In the fifth year, the Education Department will place students in an internship at a local school where they will spend one full year becoming "intimately acquainted with the school's faculty, administration, and students." In exchange for their time and dedication — many interns spend over 1,200 hours working — the school districts will pay in full for each student's master's degree coursework. Speaking

from experience, Niemi states that, "Completing a master's degree before entering the teaching field allows each student the freedom to concentrate solely on his or her career once he or she enters the job market." UNH's 4+1 Education program allows each student to do just that.

Once students have completed the program, they are eligible to get a Connecticut

> teacher certification. This certificate opens up teaching opportunities in Connecticut as well as forty-four other states, including New Jersey and Massachusetts. About 70% of graduates from the program are offered

teaching positions within two years. Some current graduates are teaching full time in surrounding towns, such as Old Saybrook, New Haven, Hartford, and Guilford

This comprehensive, high-quality teacher preparation program has served students and many communities extremely well and will continue to do so. Niemi believes that the 4+1 students have been some of the best students the Education Department has seen. "All professors at UNH are very excited to watch the 4+1 program continue to expand."



# **CHARGER CONNECTION**

We are interested in hearing what topics or specific questions you would like to see addressed in Charger Connection. Comments or questions may be addressed to the Office of Undergraduate Admissions at 203.932.7319 or at adminfo@newhaven.edu

**University of New Haven Bayer Hall, 300 Boston Post Road** West Haven, CT 06516 www.newhaven.edu



# **Language Minors**

by Katie Fainer, Admissions Counselor

n today's global society, every field and discipline has an international component. As the world gets smaller, the need for people with knowledge and appreciation for the cultures of the world has grown. Whether your dream job is with a multinational corporation, the Foreign Service office, the FBI, or with any one of countless other organizations, having competency in a foreign language can greatly enhance your resume and your future employment opportunities! At the University of New Haven, we offer minors in four

of the official languages of the United Nations: Arabic, Chinese, Russian, and Spanish. Students also have the German, and Italian.

Students pursuing a language minor will gain a strong understanding of not only the language but also the culture and history of the country to supplement their studies with a trip abroad. Taking the opportunity to truly immerse themselves in the language through study abroad can help students gain fluency. The

opportunity to take courses in French,

and its people. Many students choose University offers both intensive



short-term- and full-semester trips abroad, and we strongly encourage students to take advantage of them.

Studying "Critical Languages," such as Arabic, can provide even more opportunities for students. Some organizations offer grants and scholarships to students studying Arabic because there is such a critical need for people with Arabic language skills. This can be particularly beneficial for students interested in the areas of criminal justice and global studies.

Regardless of the major a student pursues, a minor in a foreign language is a positive and worthwhile addition. It can open doors to a future career and contribute to personal growth and a greater understanding and appreciation for the world around you.







# **VARSITY ATHLETICS: FALL 2012 Seasons in Review**

by Andy Beardsley, Director of Athletic Media Relations

#### **MEN'S & WOMEN'S CROSS COUNTRY**

The University of New Haven men's and women's cross country teams both saw young talent rise to the top of the field throughout 2012. Two sophomores — Alejandra Cortez and Danielle Sorrentino — each led the women's team in two meets this fall, while the men were led by freshman Sean Grady in all six of their events. As a team, both finished in the top 20 at the NCAA Division II East Region Championship.

The University of New Haven football team made its second-straight appearance in the NCAA Division II playoffs and the program's sixth overall appearance, finishing the season ranked No.

8 with a record of 10-1. The Chargers won their third-straight Northeast-10 Conference Championship and their second-straight undefeated regular season against Division II opponents.

The awards poured in for the Chargers, who received four major conference awards and numerous postseason accolades. Head coach Peter Rossomando was named the Liberty Mutual Division II Coach of the Year and also the NE-10 Coach of the Year. Student-athletes Raheem Stanley, Tom Herd and David Stedman all received NE-10 major awards. Kicker Chris Scifo joined Herd and Stedman on the All-New England teams as well.

Throughout the season, New Haven was nationally ranked as high as No. 3 in the AFCA Coaches' Poll and

No. 4 in the D2Football.com Media Poll. Statistically, the team also ranked among Division II's best — leading the nation in passing efficiency and ranking third in total defense. In the Chargers short four years back on the gridiron, the team has boasted a 35-10 record, including a 30-5 record in the last three years.

(Continued on page 12)



### **VARSITY ATHLETICS: FALL 2012, SEASONS IN REVIEW**

(Continued from page 11)

#### **WOMEN'S SOCCER**

University of New Haven's women's soccer finished at 11-7-1 in the third season for Head Coach Laura Duncan — marking its third-straight winning campaign under Duncan's leadership and the program's highest win total since 2007. The Chargers turned in their most successful campaign since joining the Northeast-10 Conference in 2008 and established themselves as a perennial winning program.

Standing at 6-1-1, the Chargers rose to national prominence as the No. 25 team in the nation — the first time since the 2007 preseason poll that New Haven merited a national ranking.

Back-to-back losses to Saint Rose and Southern New Hampshire placed the Chargers as the No. 6 seed in the Northeast-10 Championship. New Haven would meet the Penmen again in the postseason, dropping a 2-0 decision in Manchester to the eventual Northeast-10 Champion to conclude the 2012 campaign.





#### **WOMEN'S TENNIS**

Highlights from the University of New Haven's women's tennis fall season include three-straight wins to open the NE-10 portion of the schedule. The Chargers defeated Saint Rose, Franklin Pierce and American International during the stretch to open the season at 3-1. UNH suffered three losses to close out the 2012 portion of its schedule, but with seven spring matches on the schedule, the Chargers are looking to make a push for the NE-10 postseason. The spring season officially gets underway on Sunday, March 17 when Merrimack travels to New Haven for another NE-10 match. The season will conclude on Thursday, April 11 at Adelphi, followed by the NE-10 postseason.

#### WOMEN'S VOLLEYBALL

The University of New Haven women's volleyball team made its 12th trip to the NCAA Elite Eight this past fall, finishing in the national quarterfinals with a 30-2

record. The Chargers, who were the 2012 NCAA East Region and Northeast-10 Conference Champions, won 27 consecutive matches en route to the Elite Eight. This season's NCAA postseason appearance marked the 27th for New Haven in 30 years as an NCAA member institution.

New Haven, which completed its fifth-straight unbeaten trip through the Northeast-10 regular season to lock up the top seed in the championship, was also the No. 1 seed and host of the NCAA East Region Championship — defeating Dominican, NYIT and Bridgeport to reach the national quarterfinals in Pensacola, Fla.

Head Coach Robin Salters '91 guided two Chargers to All-America honors: Keidy Candelaria '13 and Amber Cannady '14. Candelaria was named the Northeast-10 Player of the Year for the second consecutive season and also merited Daktronics East Region Player of the Year laurels. Cannady joined the senior co-captain as a First Team All-NE-10

selection and was also lauded as All-East Region by both Daktronics and the AVCA. New Haven also produced the Northeast-10 Setter of the Year, Kaulana Ane '15, and conference Rookie of the Year Kristen Lee '16.

Salters, who boasts a career record of 534-150 (.781), has led New Haven to 17 NCAA postseason appearances and eight Elite Eight trips in her 19 years as head coach. In 2012, she was recognized by her peers as the AVCA East Region Coach of the Year for the fifth time in her standout career.

#### **MEN'S SOCCER**

In its first season under Head Coach Roy Fink, the 2012 University of New Haven men's soccer team took several important strides, going beyond the club's 6-9-2 final record. With wins over a defending conference champion and a nationally-ranked Northeast-10 foe in addition to several individual performances, the likes of which had not seen on Kayo Field in nearly a decade, the 2012 Chargers established themselves as a team on the rise in one of the nation's top Division II soccer conferences.

Perhaps the defining moment of the Chargers' 2012 season: a 2-1 overtime win at No. 15 Southern New Hampshire. The victory snapped a 21-match winless streak for the Chargers against the Penmen, who went on to win the Northeast-10 Conference Championship, and marked New Haven's first defeat of a ranked opponent since 2008. Despite having its postseason aspirations dashed by a 1-0 loss to Le Moyne, New Haven closed out the fall with another resilient showing. Trailing Saint Anselm, 3-1, on Senior Day, the Chargers put together another second-half comeback to earn a 3-3 draw in the 2012 season finale.





## **UNIVERSITY OF NEW HAVEN MARCHING BAND**



by Heather Brown, Coordinator for Transfer Enrollment

he University of New Haven's
Chargers Marching Band had
a very humble beginning. In
2004 two students set out to
recreate the band experience they
had in high school. The organization
had very few performance opportunities as the football team had been
disbanded some years before and
did not return until 2010. Because
of this membership was considered
high when 20 students assembled for
performing arts showcases and other
special events.

In 2008 UNH recognized the need to rebuild the Chargers Marching Band and brought current director and professor Jason DeGroff to campus. Finally having a formalized program set in place, the Marching Band has now grown to over 100 members.

The Chargers Marching Band has become a symbol of school spirit on campus. Before every home football game, fans get to enjoy a pre-game warm-up show. The members of the Marching Band march to our football field from the main campus. Once in the parking lot, they play a selection from the field show to give a little taste of what is to come at halftime. Everything around the band stops for this performance and it is a signal to the fans that it's time to get ready for the game!

Past halftime performances have included the music of Billy Joel, Lady Gaga, and LMFAO to name a few! Choosing exciting halftime shows is something that is very important to director Jason DeGroff. It is one of the main tools he has used to boost participation in the program.

In addition to building our marching band program, Jason also continues to work with the UMass Minuteman Marching Band. An alumnus of UMass, Jason started working on their shows while still a student and is still their drill designer. He has also played with the Cadets Drum and Bugle Corps and continues to work with them and some competitive high school bands. For

all of his accomplishments, Jason was recently inducted into the University of Massachusetts Minuteman Hall of Fame. He is only the eighth person to receive this honor.

The UNH Chargers Marching Band is an amazing organization that brings students from many backgrounds together because of their love of music. Each year it continues to grow and exceed all expectations.

If you are interested in joining the marching band or want more information, you can email marchingband@newhaven.edu or fill out the membership sign-up form online at www.newhaven.edu/marchingband.



### **FACULTY PROFILE: GEORGIA CHAVENT, M.S.**

### **Assistant Professor, Nutrition and Dietetics**

## How long you have taught at UNH, and what is your favorite class to teach?

I have been teaching at UNH as a full-time, tenured faculty member for 17 years. My favorite classes are Sports Nutrition and Healthy Food Preparation. Sports Nutrition is open to non-majors and Healthy Food Preparation is required of all majors and students seeking a minor course of study in Nutrition.



I completed my undergraduate degree in Nutrition at the University of New Hampshire and my post-graduate dietetic internship program at the Medical College of Virginia (now Virginia Commonwealth University). My master's degree is in Nutrition Education from Teachers College, Columbia University.

## What professional experience do you bring into the classroom?

Prior to joining the faculty here at UNH, I was a clinical dietitian at the Medical College of Virginia, clinical and training dietitian at Memorial Sloan Kettering Cancer Center, nutritionist with the Visiting Nurses Association in Pittsburgh, Pennsylvania, and (finally) Chief Clinical/Assistant Director of the Food Services Department at the Hospital of St. Raphael in New Haven, Connecticut. My extensive work experience, which included mentoring students, was the reason I was hired as a faculty member here at UNH.

#### What is your favorite thing about UNH?

I enjoy working with faculty, staff, and students at a small, private university where I can interact with everyone to foster the best possible learning environment for them. I enjoy the



Georgia Chavent (left) with one of her students

camaraderie of fellow faculty members in this outstanding location so close to New Haven, where leading research and medical centers are located.

# What do you believe sets our Nutrition and Dietetics program apart from other programs of its kind?

We are the only accredited "Didactic Program" in nutrition and dietetics located in a small, comprehensive, educational institution in New England. We attract a wide variety of students, both traditional and nontraditional, who bring a wealth of experience to the classroom and who are seeking a future career as a nutrition professional, which is one of the most promising and exciting fields for the future. Most of our students aspire to be Registered Dietitians. That makes them highly motivated to be successful undergraduate students in order to gain acceptance into post-graduate, accredited dietetic internship programs located throughout the country — the route to becoming Registered Dietitians after successful passage of the national registration exam.

### Describe your role as a mentor and advisor.

I work very closely with students, guiding them through their undergraduate education in order to prepare them for application and acceptance into highly competitive dietetic internship programs in health facilities or universities. I advise students to select volunteer and work opportunities. I prepare recommendation forms and complete the necessary program assessment reports for the national accrediting agency for dietetics programs.

#### What are some fun facts about you?

I am an avid snow skier and also enjoy many water sports, such as SCUBA diving, water skiing, sailing, and swimming. I am a Board Certified Sports Dietitian and the mother of two grown sons who also enjoy outdoor recreation. I am married to a local pediatrician who makes yearly medical mission trips to Haiti.

## What is your advice to parents of prospective students?

Students seeking a career as a credentialed, Registered Dietitian should take as many science courses in high school as possible — ideally, biology, chemistry, anatomy and physiology, and any other advanced health science courses they can. Gaining volunteer or paid healthcare experience is a great beginning to this career as is food service experience and potentially shadowing a Registered Dietitian in the variety of career options open to Registered Dietitians. Visit the website of the Academy of Nutrition and Dietetics for further information about this exciting career and the numerous career options for credentialed professionals; www.eatright.org.



Office of Undergraduate Admissions 300 Boston Post Road West Haven, CT 06516 www.newhaven.edu



A leader in Experiential Education, the University of New Haven has been recognized as a top-tier regional University by U.S. News and World Report.



With a dedication to great teaching of engaged students in a vibrant community with successful outcomes, the University of New Haven has been recognized as a College of Distinction.



# **STUDENT PROFILE:** Tim Stankye '15

**HOMETOWN:** Derby, CT **MAJOR:** Marine Biology

### What made you choose the University of New Haven?

I participated in OHSSP, allowing me to start a semester early at UNH. Within two weeks I fell in love with the campus, loved the faculty, and made some great friends. Also, because I was unsure about my major at that time, another big draw for me was the experiential education throughout the first

semester. It allowed me to experience what a real marine biologist does.

### What has your experience been like so far?

I absolutely love it here. It's the best choice I have ever made. UNH is like my second home — I spend more time on campus than I do at home, even though I am a commuter! But, even as a commuter, I am able to participate in many clubs and organizations as well as many of the activities that are held on campus.

# Do you belong to any clubs or organizations, and how have they helped you?

I am a member of the Marine Biology Club and SCUBA Club, along with working for the Office of Undergraduate Admissions. I also assist in the marine biology lab with various projects, including horseshoe-crab rearing. Marine Biology Club and SCUBA Club have allowed me to network with fellow students while pursuing my personal interests. Assisting in the marine biology lab has allowed meto network with the professionals in marine biology. And, working for the Office of Undergraduate Admissions has given me a sense of responsibility and maturity in a professional work setting.

### What opportunities has the College of Arts and Sciences provided you?

I have had the opportunity to complete undergraduate research projects as well as learn techniques used in the field. I have also made connections with various successful professionals in the marine biology field — from marine veterinarians to marine policymakers — that I can call upon down the road for internships. Also, the faculty members that I work with have all had experience in the field and conducted numerous well-known research projects within their specialties.

### What advice would you give to future UNH students?

My advice is to be involved with everything on campus. Also, form a strong network of friends, faculty, and other individuals who might be able to help you down the road. Once you set your mind to something, just power through until you achieve it!