

## **“Explorations” Model 2008**

### **Explore Yourself:**

- Emotional Wellness
- Physical Wellness
- Spiritual Wellness
- Academic/Intellectual Wellness
- Leadership Development

### **Explore Your Campus Community:**

- Faculty/Staff and Student Relations
- Campus Pride and Spirit
- Intramural Opportunities
- Safety and Security

### **Explore Your Local Community:**

- Service Opportunities
- History
- Arts and Entertainment

### **Explore Your Global Community:**

- Social Justice
- Cultural Awareness
- Environmental Wellness/Preservation
- Historical Beliefs/Holidays/Traditions
- Politics/Government

### **Explore Your Future:**

- Career Path/Career Goals
- Transitions
- Study Abroad
- Educational Goals Beyond College