



# Career Services Update

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## UNH Coaching Event

On April 21, 2010, over 35 students and coaches came together to celebrate the UNH Coaching Program.

Our participating students received a biography of the coach that was assigned to them. The students were from all different majors and class standing.

Initially, the coaches and students had a face-to face meeting, then continued their coaching via email or cell phone at

designated times. In the coaching relationship, the agenda came from the student, not the coach. The coaches held the students accountable for their goals. The relationship was entirely focused on achieving the goals that the student had discussed. Having a personal coach gave the student a professional who had been trained to support the student as they moved toward the completion of their goals.

**Kathy Forkin, Director of Career Services**



### Congratulations Class of 2010!

The Career Services Center would like to congratulate all of the UNH graduates on a job well done! We are extremely proud of all of your accomplishments and wish you the very best in your future endeavors!

### Selected comments from reflective papers that were submitted

#### by students:

"I would definitely recommend this coaching program to any student who wants to put their future goals into action!" — Criminal Justice

"The career coaching program has opened my eyes to the endless possibilities that lay ahead in my future." — Engineering



## Wishing you a wonderful Summer

Career Services would like to wish all UNH students, faculty, and staff a fantastic summer! We have had a terrific year collaborating with faculty and staff to make our services better than ever. Thank you to all of the students who took advantage of our workshops, resume help, and mock interview sessions!

*Come by and visit us in Kaplan 210 or email us at [jobs@newhaven.edu](mailto:jobs@newhaven.edu).*

*We are here in the summer!*

*Submitted by: Mignon Bissonnette*