



## PROBING WHAT MAKES WORKERS TICK



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by **Susan Cornell**

Name: Stuart D. Sidle

Titles: Director, Industrial-Organizational Psychology Program at University of New Haven. Chairman, Departments of Psychology and Sociology, Associate Professor of Psychology at University of New Haven. President, Human Resource Association of Greater New Haven.

Born: Baltimore, Md., October 5, 1967

Education: Ph.D. industrial-organizational psychology, DePaul University (1999). MA in industrial-organizational psychology, DePaul University (1993). BA in psychology and communication, American University (1989).

Organization: The master's in industrial-organizational psychology program at the University of New Haven offers a unique educational experience by combining cutting-edge, relevant coursework with outside educational experiences such as internships and professional associations. It has a reputation as one of the best graduate programs for students who want to break into the fields of human resource management, organizational development or management consulting. Students partner with the Human Resource Association of Greater New Haven (HRA) for developmental opportunities such as internships and mentoring. HRA was established in 1937 to further the profession of human-resources management by providing a forum for the interchange of ideas and experiences for human-resources professionals.

Accomplishments: Before joining UNH, Stuart held full-time faculty appointments at DePaul University's College of Commerce and at Saint Xavier University's Department of Psychology. He says he is proud to have won awards for excellence in teaching at both universities. This year he won the Excellence in Experiential Education Award at UNH. In addition to presenting his ideas and research on workplace issues such as job stress, work satisfaction, employee surveys, change management and leadership development at a wide variety of companies and conferences, he has published in such journals as the Academy of Management Executive, Academy of Management Perspectives, Organizational Research Methods, the Journal of Applied Social Psychology and the Journal of Business and Psychology. Based on his experience as a consultant to dozens of organizational leaders and on his research on leadership-subordinate

relations, motivation and job stress, he is frequently quoted in the news media. In just 2009 to date he has been quoted in more than 75 newspaper and magazine articles and has appeared as a guest on a number of radio programs.

Person(s) Who Most Influenced His Life: "I am influenced and inspired by different people every day. Right now my wife and I are very influenced and inspired by our two young sons. The kids get us to attend to and revisit all the exciting things that we stopped paying attention to years ago - chipmunks, snowstorms, slapstick humor."

Guiding Philosophy: "All of the quotes that people put at the bottom of their e-mails work for me. Seriously, as a leader I try to present myself as a calming influence who tries to help people see the path to their goals, which are often clouded by drama, anxiety and fear. As an educator, I want to inspire people to develop in a way that helps them master the challenges they'll face on the way to achieving their goals."

- Susan E. Cornell