

Susan Campbell

Fear, itself.

Debatemaniam!

By Susan Campbell on October 15, 2008 9:32 AM | [Permalink](#) | [Comments \(2\)](#)



Tonight is the final presidential debate at Hofstra University, and what's more fun than gathering around the water cooler to talk politics -- all day -- at work? But before you become a boor, Stuart Sidle, professor and coordinator of the University of New Haven's industrial/organizational psychology program, has five tips for you:

1. Don't lecture. Talking politics can be fun, but allow everyone a chance to talk.
2. Welcome diversity. It's OK if someone doesn't agree.
3. Keep in mind that you're at work and you need to be, well, working.
4. Draw the connection between politics and your business. Different candidates can have a fairly significant effect on your workplace.
5. Be yourself, be prepared to explain your political beliefs, and be prepared -- when appropriate -- to shut up. Sometimes, you really need to keep your views to yourself.

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