



## Health Services Information for Families

- Health Services is open to all university students. We provide care for illness and injuries as well as diagnosis, referral, and follow-up care for more serious conditions. We are an ambulatory care center and have clinic Monday – Friday.
- When our office is closed there are several local Urgent Care Centers, that students may utilize. If an emergency situation arises there is Yale Hospital/York Street Campus and Yale-St. Raphael Campus.
- The office is staffed by registered nurses, one fulltime Nurse Practitioner and one part-time Nurse Practitioner, part-time physicians, and part-time certified nurse midwives who offer a weekly women’s clinic. Prescribing Clinician hours are posted daily.

### Issues to be addressed:

- All fulltime students are required to have a completed Physical Form (forms can be obtained on line or via the Road-Map).
- All students need to be up to date on all immunizations required by Connecticut state law 2 MMR injections, 2 Varicella injections or documentation of varicella disease, and Meningitis Vaccine with-in the past 5 years. (blood test titres for MMR and Varicella are also accepted).
- All residential students/or those living in campus owned housing are required to have the meningitis vaccine (valid if given with in the past 5 years.)
- **All** athletes, whether living on or off campus, are required to have the meningitis vaccine.
- Please provide your student and Health Services with a copy of your private insurance card- a copy of the front and back of the card.
- We also require a copy of a photo ID for your students chart

- Please contact your private health insurance company prior to coming to school to find out their policy concerning:
  - Out of state coverage
  - Out of network coverage
  - Are referrals from primary care physician necessary if the student needs to see a specialist?
  - Does the insurance cover prescriptions and what area pharmacies are in the network?

Those who wish to *Waive the student health insurance offered by the university must contact Do so on line through the **Bursar's Office, or contact that office.***

- It is essential that students who have long-term chronic illnesses (such as diabetes, seizure disorder, hypertension, etc.) contact Health Services.
- If your child receives allergy injections and you wish to have the injections administered at Health Services, you will need to contact your allergy physician to obtain the allergy serum and the injection schedule.
- Please document any and all medications prescription and non-prescription that are taken on a daily basis.
- Please be aware that Health Services offers flu vaccines, October through December, for a small fee. Students only need to contact our office to set up an appointment. Emails are also sent out as a reminder.
- We strongly recommend that your student has:
  - Hepatitis B vaccine – a series of 3 injections
  - Hepatitis –A Vaccine – 2 doses
  - Gardasil vaccine – a series of 3 injections
  - Meningitis-Group B (talk your physician about this vaccine)
- We also recommend that a personal First Aid box be made up and brought with the student to school. Enclosed are suggested items:
 

-Digital thermometer	-Cough drops/throat lozenges
-Band-aids (assorted sizes)	-Cough syrup
-Gauze pads	-Tylenol or Advil
-Peroxide	-Rolaids, Tums, Maalox
-Reusable ice packs	-Pepto-bismol
-Antibiotic ointment (such as Bacitracin)	
-Cold medication (such as Sudafed)	-Purell, antibacterial hand gel
- Remember, all prescription medication must be in its original pharmacy container and properly labeled.
- If you should have any questions or concerns feel free to contact us at 203-932-7079.