



University of New Haven

# FAMILY CALENDAR

Students should always check their Charger Connection for more event details!

## OCTOBER 2017

### THEMES FOR THE MONTH:

Alcohol Awareness Month  
Breast Cancer Awareness Month  
Diversity Awareness Month  
Domestic Violence Awareness Month  
National Dental Hygiene Month  
LGBT Awareness Month

Fri., 10/6

Gym Class Throwback (Beckerman Recreation Center)

Sun., 10/8 – Sun., 10/15

Fire Prevention Week

Mon., 10/9

Columbus Day

Tues., 10/10

World Mental Health Day

Wed., 10/11

National Coming Out Day

Fri., 10/13

Homecoming Concert Beckerman Rec Center

Sat., 10/14

Homecoming

Mon., 10/16 – Sun., 10/22

Alcohol Awareness Week

Mon., 10/16 – Tues., 10/31

RECSports Season 2 Registration

Mon., 10/16

World Food Day

Tues., 10/17

Midterm Grades Due

Wed., 10/18

Wellness Wednesday (Beckerman Recreation Center)

Midnight Madness Charger Gym

Dance-A-Thon for Breast Cancer (Beckerman Recreation Center)

Diwali

Thurs., 10/19

Fall Break: No Classes

Sun., 10/22 – Tues., 10/24

Wed., 10/25

World Cafe (sponsored by the International Student Services Office)

Fri., 10/27

Hall Competition (sponsored by ORL and Beckerman Rec)

CPR/AED/FA Class (Beckerman Recreation Center)

Sun., 10/29

Hiking Trip (Destination TBD)

Mon., 10/30

Registration: All Graduates, 7 a.m.

For more information, please consult these online sources:

**Health Services:** [www.newhaven.edu/student-life/health-services/parent-information.php](http://www.newhaven.edu/student-life/health-services/parent-information.php)

**Myatt Center:** [www.newhaven.edu/student-life/myatt-center-for-diversity-and-inclusion.php](http://www.newhaven.edu/student-life/myatt-center-for-diversity-and-inclusion.php)

**International Student Services:** [www.newhaven.edu/student-life/international-services/index.php](http://www.newhaven.edu/student-life/international-services/index.php)

**Residential Life:** [www.newhaven.edu/student-life/residential-life/index.php](http://www.newhaven.edu/student-life/residential-life/index.php)

**Charger REC:** [newhaven.edu/chargerrec](http://newhaven.edu/chargerrec)

**Athletics:** [www.newhavenchargers.com](http://www.newhavenchargers.com)

### Frequently Observed Behaviors/ Topics for Discussion:

- Roommate issues may arise (honeymoon phase is over!)
- Possible concerns about social climate and fitting in on campus
- Struggle with intellectual competency (first round of test grades may be in)
- Midterms

### Advice for Family Members:

- Let your student have their space. This is a busy month. Encourage your student to maintain focus and enthusiasm.
- Be supportive even if your student's midterm performance was not exactly what you or your student expected. Or, celebrate your student's academic success with a meal on the town!

**Flu Clinics begin this  
month in Health Services!**



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## NOVEMBER 2017

### THEMES FOR THE MONTH:

**Native American History Month**  
**Lung Cancer Awareness Month**  
**National Healthy Skin Month**  
**International Education Week**

<b>Fri., 11/3</b>	<b>Gym Class Throwback</b> (Beckerman Recreation Center) <b>Course withdrawal deadline</b>
<b>Mon., 11/6</b>	<b>Registration: Seniors, 7 a.m.</b>
<b>Tues., 11/7</b>	<b>Registration: Special Populations 7 a.m.</b>
<b>Thurs., 11/9</b>	<b>Registration: Juniors, 7 a.m.</b>
<b>Sat., 11/11</b>	<b>Veterans Day</b>
<b>Mon., 11/13</b>	<b>World Kindness Day</b>
<b>Mon., 11/13</b>	<b>Registration: Sophmores, 7 a.m.</b>
<b>Wed., 11/15</b>	<b>Registration: First-years, 7 a.m.</b>
<b>Mon., 11/13 – Fri., 11/17</b>	<b>Thanksgiving Week of Service</b>
<b>Wed., 11/15</b>	<b>Wellness Wednesday in the Beckerman Recreation Center</b>
<b>Thurs., 11/16</b>	<b>Winter Charge Out for Graduates</b> <b>National American Smoke Out Day</b>
<b>Fri., 11/17</b>	<b>Graduation Application Deadline for May Graduates</b> <b>Application Deadline for Thanksgiving Break Housing</b> <b>Hall Competition</b> (sponsored by ORL and Beckerman Rec) <b>CPR/AED/FA Class</b> (Beckerman Recreation Center)
<b>Sat., 11/18</b>	<b>Turkey Trot 5k</b> (Beckerman Recreation Center)
<b>Mon., 11/20</b>	<b>Transgender Day of Remembrance</b>
<b>Mon., 11/20 – Wed., 11/22</b>	<b>Residential Life Health and Safety Inspections</b>
<b>Wed., 11/22 – Sun. 11/26</b>	<b>Thanksgiving Break: No Classes</b> (Halls close at 10 a.m.)
<b>Thurs., 11/23</b>	<b>Thanksgiving Day</b> (University Closed)
<b>Wed., 11/29</b>	<b>World Café</b> (sponsored by the International Student Services Office)

### Frequently Observed Behaviors/ Topics for Discussion:

- Roommate issues may be getting more serious
- More assignments and deadlines creeping up
- Pressure/stress from coursework
- Extremes in feeling stressed, overwhelmed, or incompetent
- Change in weather can cause change in mood or illness

### Advice for Family Members:

- Ask your student how he/she is feeling about coming home for the holiday. Ask your student what his/her plans are, and try to make plans to do something together.
- Remind your student that adequate time to prepare for exams is necessary for success. Also, remind him/her a proper diet, sleep schedule and relaxation are also critical.

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## DECEMBER 2017

### THEMES FOR THE MONTH:

**AIDS Awareness**

**Safe Toys and Gifts Month**

**Fri., 12/1**

**World AIDS Day**

**Holiday Festival**

**Gym Class Throwback** (Beckerman Recreation Center)

**Sat., 12/2**

**Snow Ball Semi Formal Dance**

**Wed., 12/6**

**Wellness Wednesday in the Beckerman Recreation Center**

**Fri., 12/8**

**Hall Competition** (sponsored by ORL and Beckerman Rec)

**CPR/AED/FA Class** (Beckerman Recreation Center)

**Sun. 12/10**

**Winter Commencement**

**Mon., 12/11**

**Midnight Breakfast** (Bartels Dining Hall)

**Tues., 12/12**

**Reading Days: No Classes**

**Wed., 12/13**

**Reading Days: No Classes**

**Thurs., 12/14 – Wed., 12/20**

**Exams**

**Thurs., 12/14**

**Sandy Hook Remembrance Day**

**Fri., 12/15**

**Break Stay Application due** (ORL)

**Mon., 12/18 – Thurs., 12/21**

**Residential Life Health and Safety Inspections**

**Thurs., 12/21**

**Residence Halls Close 10am**

**Mon., 12/25**

**Christmas Day**

**Thurs., 12/26**

**Grades Due**

**Check out the Dogs In the Halls Event on the Reading Days.**

**Time to relax and de-stress with your furry friends!**

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### Frequently Observed Behaviors/ Topics for Discussion:

- Apprehension about going home for the holidays and leaving new friends/relationships
- Anxiety and sleeplessness due to finals and preparation for finals
- Anxiety about whether old relationships back home will still be in tact
- Sense of missing out on holiday traditions and activities due to schoolwork
- Financial aid deadlines may cause anxiety

### Advice for Family Members:

- Talk with your student about academic major choices and career goals. Career Services and the Center for Academic Success can offer guidance and support in this area.
- Send a "Good Luck On Finals Care Package"
- Spark conversation about Spring class registration and internships
- Talk with your student about coming home and their hopes/anxieties associated with it
- Plan a holiday activity to do together (tree decorating, baking cookies, etc.) when your student gets home



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