University of New Haven Department of Psychology Clinical Mental Health Counseling, M.A. On-Ground/Full-Time Program Annual Review Report 2022-2023

The Clinical Mental Health Counseling (CMHC) program presents our annual review report for the academic year 2022-2023. This report highlights program evaluation results, program modifications, and other substantial program changes.

CMHC: Admissions and Graduation Rates

Academic	Started in	Graduated	Graduated	Graduated	Still	Withdrew	Graduation
Year	Cohort	in 2 years	in 3 years	in 4+ years	Enrolled	or did not	Rate
					in Spring	finish	
					2024		
2018-2019	15	8	2	2	0	3	80.0%
2019-2020	18	6	3	1	0	8	55.6%
2020-2021	15	9	1	0	0	5	66.7%
2021-2022*	52	18	0	0	18	16	34.6%
2022-2023*	61	0	0	0	44	17	0.0%

^{*}A note that the online, part-time program began in 2021, resulting in an increase of cohort numbers and students still progressing through the online program at the part-time rate. This is contributing to the low graduation rate.

CMHC Student Demographics

The tables below highlight several dimensions of our student's diversity. We are glad to highlight our areas of diversity while simultaneously recognizing that not all domains of student diversity are reflected in this selected data. Percentages are rounded to the nearest tenth.

GENDER

	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
Female	94.5%	78.8%	87.8%	89.2%	90%	87.7%
Male	5.5%	15.2%	9.8%	10.8%	10%	11.4%
Not	0%	6%	2.4%	0%	0%	0.9%
Reported						

AGE

1102						
	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
20-21	5.5%	6.0%	2.4%	3.1%	5.0%	4.4%
22-24	50%	45.5%	53.7%	53.8%	46.0%	38.6%
25-29	16.6%	27.3%	19.5%	26.2%	23.0%	36.0%
30-34	5.5%	12.1%	12.3%	10.8%	8.0%	4.4%
35-39	11.2%	3.0%	7.3%	3.1%	9.0%	9.6%
40-49	11.2%	3.0%	2.4%	0.0%	4.0%	0.9%
50-64	0.0%	3.0%	2.4%	3.1%	5.0%	6.1%

ETHNICITY

	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
Asian	5.6%	3.0%	4.9%	3.1%	4.0%	5.3%
Black/African	11.1%	15.2%	12.2%	21.5%	15.0%	9.6%
American						
Hispanic	22.2%	15.2%	12.2%	16.9%	22.0%	19.3%
Ethnicity	0.0%	0.0%	2.4%	1.5%	1.0%	0.8%
Unknown						
Two or more	5.6%	6.0%	9.8%	6.2%	5.0%	1.8%
races						
US Non-	11.1%	3.0%	2.4%	1.5%	2.0%	5.3%
Resident						
White	44.4%	57.6%	56.1%	49.2%	51.0%	57.9%

INTERNATIONAL STUDENTS

	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
Domestic	88.9%	97.0%	97.6%	98.5%	98.0%	94.7%
International	11.1%	3.0%	2.4%	1.5%	2.0%	5.3%

IN STATE (Connecticut) VERSUS OUT OF STATE

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	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024		
In State	77.8%	87.9%	78.1%	60.0%	54.0%	50.9%		
International	11.1%	3.0%	2.4%	1.5%	2.0%	5.3%		
Out of State	11.1%	9.0%	17.1%	37.0%	43.0%	42.1%		
Unknown	0.0%	0.0%	2.4%	1.5%	1.0%	1.7%		

FIRST GENERATION STATUS

	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023	2023-2024
First Gen	27.8%	33.3%	31.7%	26.1%	29.0%	27.2%
Not First	55.6%	57.7%	58.5%	66.2%	53.0%	34.2%
Gen						
Not	16.6%	9.0%	9.8%	7.7%	18.0%	38.6%
Reported						

CMHC Student Professional Leadership

During the 2023-2024 academic year Camryn Debose (Class of 2024) served in Connecticut statewide leadership as the University of New Haven's Connecticut Association for Counselor Education and Supervision (CACES) Student Representative. Samiah Green (Class of 2023) served in this role during the 2022-2023 academic year.

CMHC Alumni Survey Results

Annually the program distributes and alumni survey. At the time of this report, 2 alumni fully completed the survey. The survey consists of Likert-style questions that aim to assess the program's ability to prepare students in specific content areas: diversity and advocacy, foundations of clinical mental health counseling, counseling prevention and intervention, assessment, research/evaluation,

and professional practice. The alumni survey also gathers data on program connectivity (contact with peers/faculty or the program generally), employment and licensure information, and alumni demographic information.

Their data is summarized below with some data excluded to maintain anonymity of the data. Based on the survey data 100% of alumni were employed in a position utilizing their CMHC degree at 1 year follow up. 100% of alumni passed the National Counseling Exam. The alumni report working in Community Mental Health and Private Practice settings.

Program Modifications

During the 2022-2023 academic year the CMHC program:

- Applied for CACREP (Council for Accreditation of Counseling and Related Educational Programs) accreditation and are anticipating a site visit in Spring 2024.
- Added CORE ELMS (Electronic Laboratory Management System) system CORE ELMS is a specialized software solution designed for healthcare education programs like clinical mental health counseling that aims to streamline administrative tasks associated with experiential learning. Through features like scheduling, communication tools, progress tracking, compliance management, reporting, and document storage, CORE ELMS facilitates efficient coordination among students, preceptors, and administrators. It centralizes data, enhances communication, ensures compliance with accreditation standards and regulations, and provides analytical insights to assess program effectiveness and student performance. Overall, CORE ELMS simplifies the management of the clinical fieldwork experiential branch of the program, fostering better collaboration and enhancing the learning experience for students in the mental health field.